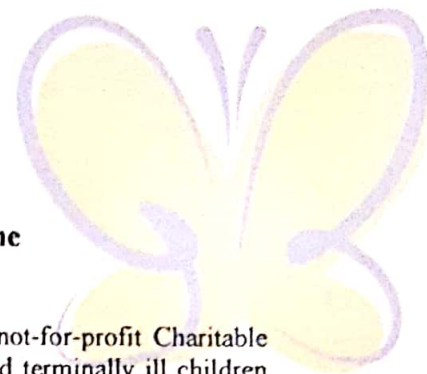


## Report on Palliative Care Awareness Programme



Golden Butterflies Children's Palliative Care Foundation (GBCPCF), is a not-for-profit Charitable Trust, working to provide emotional and financial support to underprivileged terminally ill children by facilitating appropriate palliative care and counselling to avoid unnecessary suffering.

The Health and Wellness Club, Loyola College (Autonomous), Chennai, invited Golden Butterflies for an awareness programme on Palliative Care.

The Palliative Care Awareness Programme titled "Generation Z & Compassion- Palliative care" was conducted on 5 October 2019 in the MRF Hall, Loyola College, to mark World Palliative care day which is on 12 October 2019.

The Programme commenced with a prayer which was followed by the welcome address by Dr. Tanya Pereira, Faculty Advisor, Health and Wellness Club. Stella Matthew - Managing Trustee Golden Butterflies highlighted the need for Compassion and Palliative Care. She gave a brief introduction on the objectives and services of the foundation.

Golden Butterflies offers services including:

- ✓ Community palliative care services
- ✓ Counselling/bereavement
- ✓ Family support
- ✓ Public awareness
- ✓ Training

The resource person for the talk was Dr. Subathra Muthukumaran MD, Consultant in Palliative Medicine, Lakshmi Pain and Palliative Care Trust. 55 students attended the session. Her talk covered the following

- ✓ What is Palliative Care?
- ✓ The Myths of Palliative Care
- ✓ The need for Palliative Care
- ✓ Successful Case Stories
- ✓ Ways for students to support Palliative Care

Golden Butterflies Palliative care foundation conducted a Poster Campaign to spread the awareness of Palliative Care. It was conducted on 9 October 2019 at Loyola College, Chennai on the themes:

1. \*Say no to Pain\*
2. \*My care, My right\*

Prizes (Gift Vouchers) were given to both categories. The prize winners were Mr. Bhavesh Kumar (19-uco-514), Mr. Neeraj. J (18-UMT-425) Mr. M. Vishwanath (19-UCO-531), Bhavesh Kumar (19-UCO-514), P. Suriya (18-UCO-518) and Eric Victoire (17-UCS-118).

Loyola Health and Wellness Club students in association with the team from Golden Butterflies also participated in #HatsOn4CPC campaign as part of the International Children's Palliative Care Network to raise awareness of the millions of children around the world needing palliative care.

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**GOLDEN BUTTERFLIES**  
CHILDREN'S PALLIATIVE CARE FOUNDATION

Regd.No: 18/2018

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