

WORKSHOP ON SOFT SKILLS

A workshop on 'Soft Skills' was organized by Prof. I. A. Jeyadoss- Assistant Prof. of English, Loyola College Chennai, on January 11, 2017, at Lawrence Sundaram Auditorium, from 3.00pm to 5.00pm. Dr. Eugenie - Former Head of the Department of Economics, Loyola College Chennai , served as the Resource person. The workshop focussed on 'Human Psychology.' The gathering had about fifty students. It started with a short welcome note. The Resource person presented to the students his perspective about human life. He categorised human beings as five types in comparison with animals and said everyone comes under anyof those types and they may also exist in intersections. Dr.Eugene highlighted the significance of 'Emotional Quotient.' Dr.Eugene also unravelled the eight types of emotions that have to be regulated by people. He also explained about real life situations, which are encountered by one and all. The workshop also offered an interactive session with the Resource person, in which students actively participated. A few of the astute 'mind games' enabled the students to understand the essence of the workshop.