

FLAWS Annual Report 2020-21

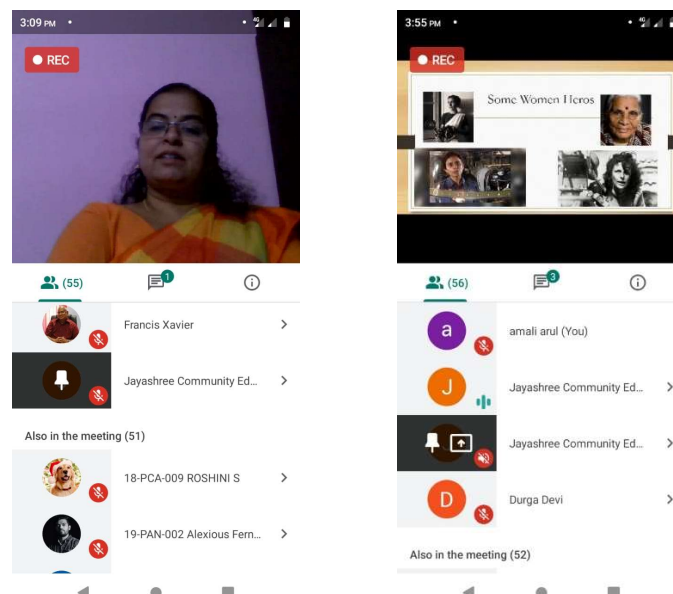
FLAWS, the forum for Loyola women students is an association exclusively catering to the holistic development women students on campus. It creates a platform for the women students to develop their skills and enrich their knowledge. It also looks into the various concerns related to women students on campus. The FLOWS office bearers work under the aegis of the Dean of women students and execute need-based thematic programs. The theme of this academic year 2020-21, is based on the Cartesian philosophy which means **“EXISTENCE PRECEDES ESSENCE”**.

As the first programme of the year 2020-2021, the webinar on “Gender Equality” was conducted on 11.9.2020 through the video conferencing platform Google meet. Dr.JAYASHREE VENKATADURAI, Asst. Professor, Dept. Of Visual Communication, Avinashilingam University for Women, was the resource person. Both men and women students actively took part in the session. The resource person focused on various issues and concerns related to gender equality.

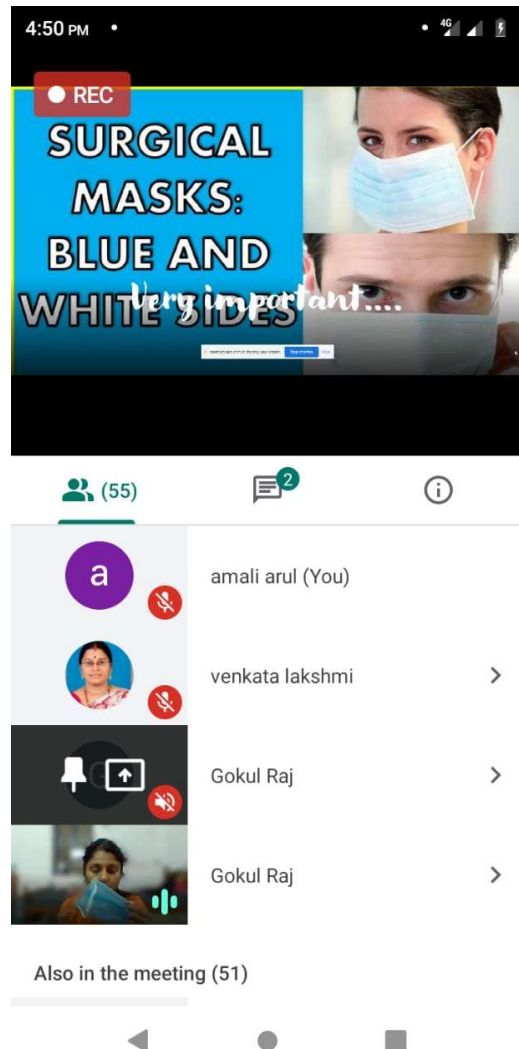
The main elements of the programme were

- I. Defining gender equality
- II. Social understanding.
- III. Problems faced by the women.
- IV. Inspiring women leaders.

Many interesting questions were posed by the students and the resource person gave answers with apt examples.



“Fitness precedes focus” a webinar on women’s health and precautions to be taken during pandemic period was held on 16.10.2020. Dr.Chithra Ramanathan, Senior consultant, Chennai fertility centre was invited as the chief guest and resource person.



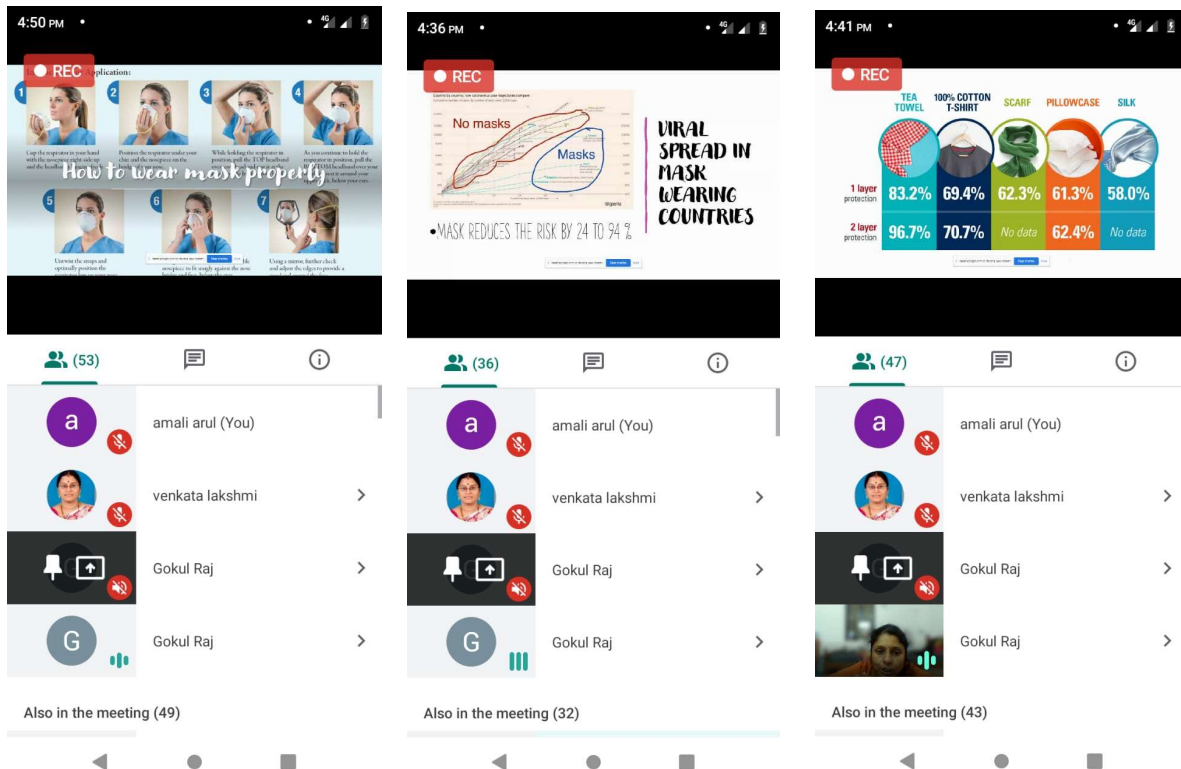
The chief guest shared her expertise and the precautionary measures to be taken during the COVID-19 period.

The highlights of the session were:

- I. An introduction and explanation about novel corona virus and COVID-19.
- II. Attention and awareness of one’s own health and the preventive action/measures to protect our own selves.
- III. Reminders to keep in mind in this pandemic period.

- IV. How to handle this new virus and the disease.
- V. Preventive measures like wearing masks and social distancing.
- VI. How to use masks and how to choose masks.

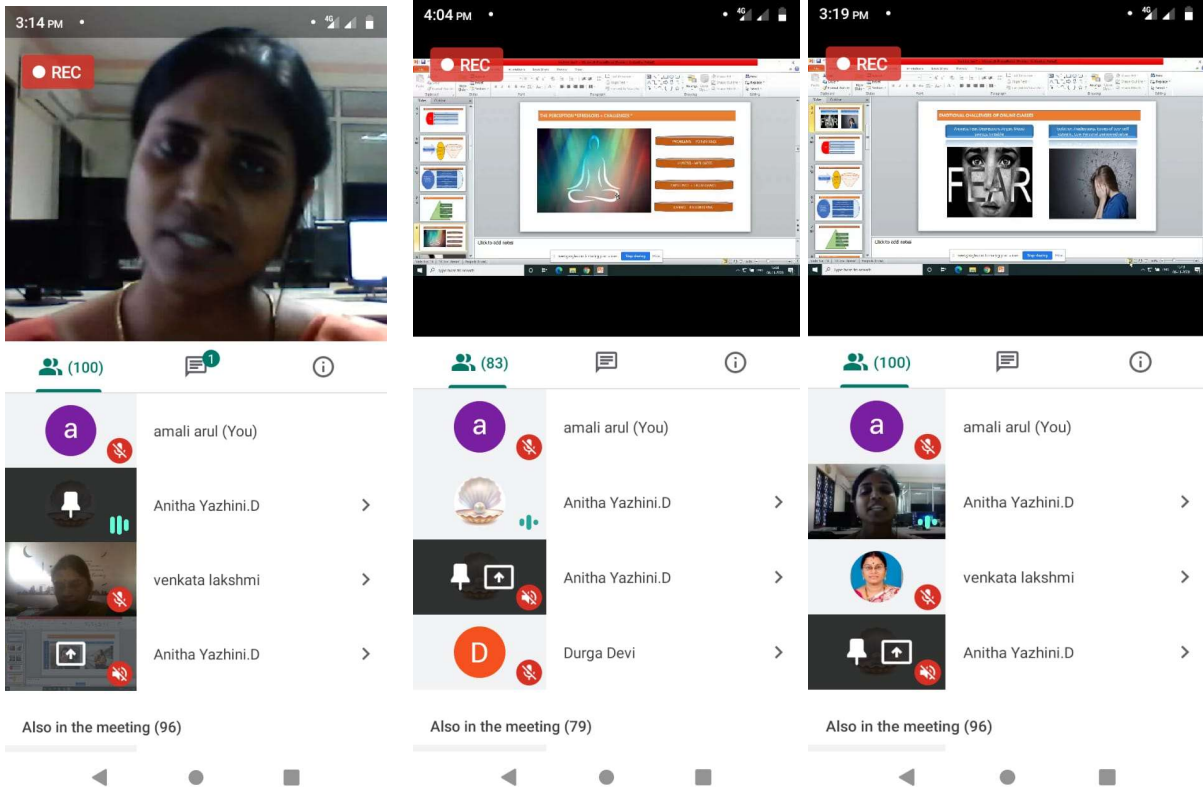
After the session the students raised questions and their doubts and the resource person clarified all their queries.



A webinar on “Emotional challenges in Online learning environment “was organized on 6th Nov 2020 .Ms Anitha Yazhini, counsellor, Loyola College was the resource person.

The highlights of the presentation were



1. Defining stress (imbalance between resources and challenges), happiness
2. How to cope up with stress?
3. Isolation, Frustration, Anger , Long Time Screen Time
4. Internal locus of control / External locus of control
5. Worrying about a problem.



A Training Session on the Insights of Government Jobs, organized by the Office of the Dean of Women Students and Placement Cell of Loyola College in collaboration with SSB Institute for Central and State Government Exams was held on 19th February, 2021 through Zoom App.

Mr. Sukrut Bhushan, Mechanical Engineer from Mumbai, Certified in Human Rights from IGNOU, with five years teaching experience in training people for Government Bank Jobs for SBI and all Nationalized Banks of India was the resource person.

Mr. Sukrut Bhushan addressed on the key topics, 'How to apply for Bank Jobs'. He also interacted with students and cleared their doubts through a Question-and-Answer session in the end. He encouraged the Students to take up UPSC exams and Post Office Exams which will directly place them in the position of a Government Officer.

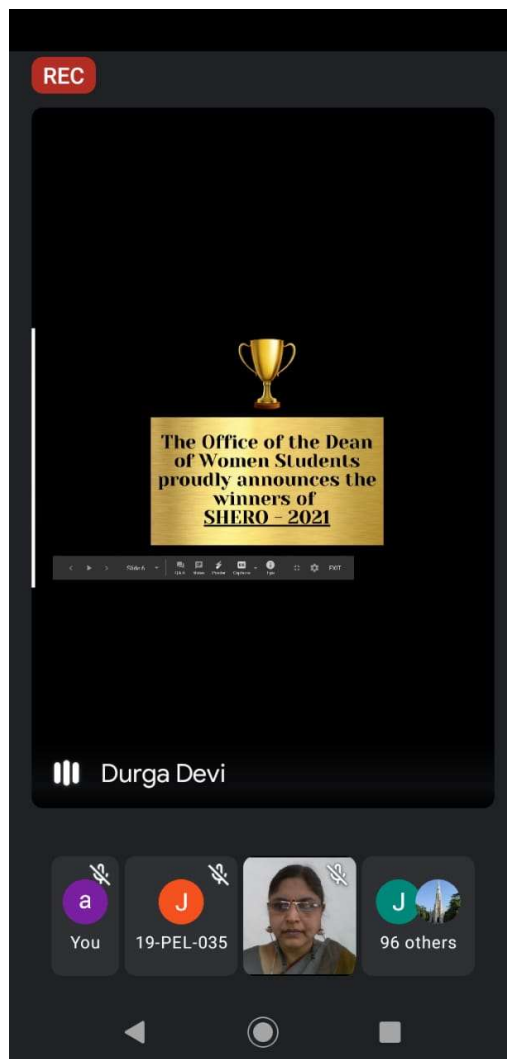
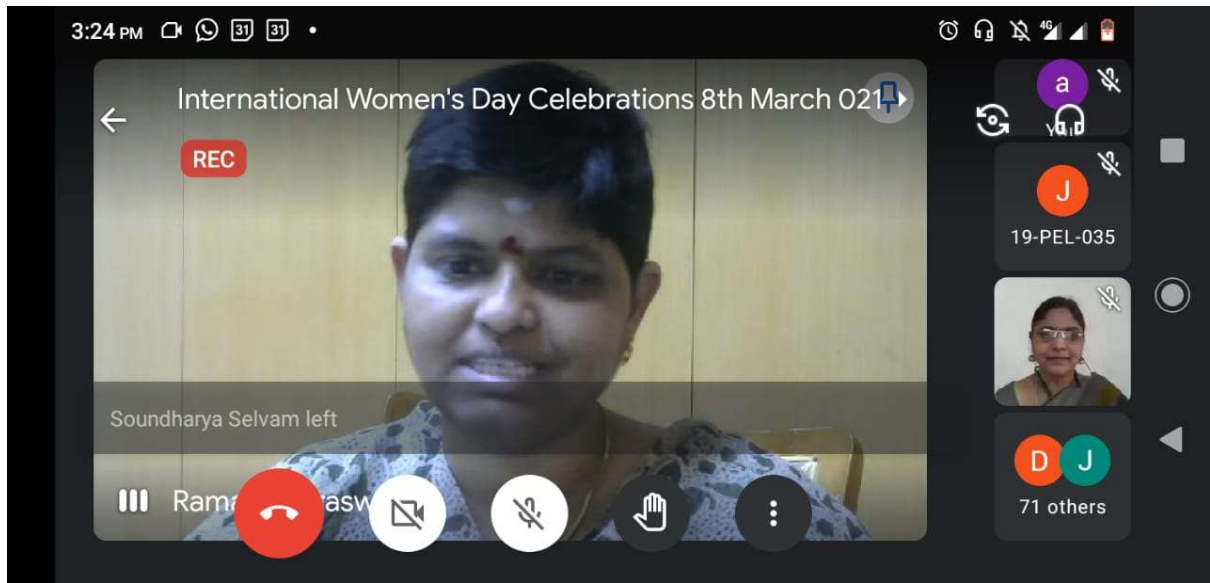
 SSB INSTITUTE FOR CENTRAL & STATE GOVT EXAM	 Loyola College, Chennai (Autonomous)
Webinar on Insights of Govt Jobs	
Vacancy in Banking, Insurance, SSC, Railway (BSR)	
RBI / SBI / Nationalised Bank	
Date: 19th Feb 2021 Time: 5:00pm	
Guest Speaker Mr. SUKRUT BHUSHAN	<input checked="" type="checkbox"/> HOW TO APPLY IN BANK JOBS <input checked="" type="checkbox"/> HOW TO ANSWER IN INTERVIEW <input checked="" type="checkbox"/> HOW TO CRACK THE ONLINE TEST <input checked="" type="checkbox"/> HOW TO MAKE RESUME OR CV
Contact us : 9819 107 882, 9029 692 440, 9321 698 037	

SHERO-2021, an interdepartmental cultural event was held for women students in view of the International Women's Day celebrations 2021. Events such as mask designing, poetry writing & recitation, singing, dancing, cooking, calligram etc were organized and students took part actively and the prize winners were honored on the day of International Women's Day celebrations.



The International Women's day 2021 was held on 8th March 2021 on Google meet. Smt. P.Ramana Saraswathi IAS, Additional Commissioner (Admin), Hindu Charitable Endowments Dept. graced the occasion and addressed the women students. Various competitions were held on Google meet and the prize winners were honored with the video tribute. The women staff achievers for the year 2021 were

recognized with a video tribute for their achievements and awards during the year 2020-2021.



The valediction of The Office Bearers of Forum for Loyola Women Students (FLOWS) and felicitation to Former Deans was held on 19th March 2021 at MRF Hall between 01:00 pm and 02: 00 pm.



Dr.P.S. Durga Devi, Dean of Women Students, Shift – I and Dr.S. Venkatalakshmi, Dean of Women Students, Shift- II released the miniature of the name board of the Women Deans since 1988.

