

# LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034



U.G. DEGREE EXAMINATION – GENERAL ENGLISH

SECOND SEMESTER – APRIL 2022

**16/17/18UEL2GE03 – AFFIRMATIVE WORDS AND RADIANT EXPRESSION**

Date: 23-06-2022

Dept. No.

Max. : 100 Marks

Time: 01:00 PM - 04:00 PM

**I. Read the passage and answer the questions given below:**

**(5X2= 10)**

Power foods are foods that provide rich levels of nutrients like fiber, potassium and minerals. With people becoming increasingly health conscious today, a lot of fitness trainers encourage their clients to include these foods in their daily diet to increase muscle development. There are various ways of incorporating power foods in your daily diet. Of course, the key to enjoying power foods is proper preparation of these foods, the use of season-fresh foods, and identifying your choice of flavour among power foods. Some of the recommended power food combinations are those that are prepared in our kitchens on a regular basis. Take for instance, the combination of chickpeas and onions. This combination is a powerful source of iron which is required by the body to transport oxygen to its various parts. Iron deficiency can lead to anemia, fatigue, brain fog and tiredness. A study by the Journal of Agricultural and Food Chemistry says that sulphur compounds in onion and garlic help in the absorption of iron and zinc from chickpeas. The combination is a hit with teenagers who need to be diligent about getting iron in their diet. A quick way to prepare this power food is to make a chickpea salad with chopped onions, chaat masala and cilantro. Another favorite combination with power food takers is yogurt and bananas. This makes for a perfect snack after a rough game of football. Exercising burns glucose and thus lowers blood sugar. Yogurt is packed with proteins that help preserve muscle mass, and bananas are packed with carbohydrates that help in refueling energy and preventing muscle soreness. A quick and easy recipe with bananas is a banana smoothie topped with cool yogurt. Among beverages, green tea is the best source of catechins that are effective in halting oxidative damage to cells. According to researchers at Purdue University, adding a dash of lemon juice to green tea makes the catechins even more easily absorbable by the body. So, the next time you have friends serve them rounds of iced green tea with mint and lemon juice.

- What are power foods ?
- What are the rules regarding the partaking of power foods ?
- What is the advantage of including onions and garlic in our diet ?
- What is the advantage of combining green tea with lemon juice ?
- What is the key to enjoying power foods in a wholesome way ?

**II. Answer any FIVE of the following questions in about 50 words each:**

**(5x3=15)**

- How did the people respond to Jesus's speech?
- How does Sachin Tendulkar play the game?
- What does the author longed for in the poem "When I was Growing up"?
- What does the poem "Kolam" signify?
- Why do the slaves preferred to wear mask?
- What was the poor widow's problem?
- Why is a girl child considered a burden?
- What happened to the snake, when it was found harmless?

**III. Answer any SIX of the following in about 100 words each:**

**(6x5=30)**

- In what way did the spectators celebrate cricket?
- Explain the different kinds of poverty referred to by Mother Teresa .
- Explain the message of the poem "First they came".

12. What happened to the poor widow at the end of the story “ Tell it to the Walls”?
13. What does the mask symbolize in “ We wear the mask”?
14. Why did the snake tell that the people are merciless?
15. Why is it necessary to thank the plant nation and animal nation?
16. List out the benefits of using pleasant speech.

**IV. Answer any ONE of the following in about 250 words each :**

**(1x10=10)**

17. Explain the important of stories in communication
18. How does the narrator resolve his conflict in “The Road not Taken”?
19. Critically appreciate the poem “ Girl Child”
20. What is self forgetfulness according to the poet in the poem “Minority Poem”?

**V. Choose the best answer from the given options:**

**(10x1=10)**

1. Yeshua is another name for  
a) Joachim            b) Jesus            c) Joseph
2. Lord refers to a  
a) man            b) bat            c) stadium
3. According to Mother Teresa, love begins from \_\_\_\_\_  
a) school            b) home            c) country
4. Two roads diverged in a \_\_\_\_\_ wood  
a) yellow            b) red            c) green
5. The poor widow told her woes to the \_\_\_\_\_  
a) road            b) walls            c) gate
6. The girl child belonged to \_\_\_\_\_  
a) somewhere            b) there            c) nowhere
7. The snake rushed at the holy man to \_\_\_\_\_  
a) sing            b) bite            c) kiss
8. \_\_\_\_\_ and pleasant words are the jewels.  
a) poverty            b) cruel            c) humility
9. When the poet was growing up, she liked \_\_\_\_\_  
a) American food            b) Chinese food            c) Indian food
10. The caged bird sings with a \_\_\_\_\_ trill  
a) happy            b) pleasant            c) fearful

**VI. Match the following with their meanings :**

**(10x1=10)**

- |              |                                     |
|--------------|-------------------------------------|
| 1. Shalom    | a) Attractive                       |
| 2. Acrid     | b) A dream that is very frightening |
| 3. Exotic    | c) damaged                          |
| 4. Myriad    | d) pile                             |
| 5. Ruined    | e) good                             |
| 6. Heap      | f) sadness                          |
| 7. Virtuous  | g) Innumerable                      |
| 8. seldom    | h) strong                           |
| 9. Nightmare | i) peace                            |
| 10. Woe      | j) rare                             |

