



**LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034**

**M.A. DEGREE EXAMINATION – SOCIAL WORK**

**FOURTH SEMESTER – APRIL 2016**

**SW 4955 - COUNSELLING**

Date: 23-04-2016  
Time: 09:00-12:00

Dept. No.

Max. : 100 Marks

**SECTION-A**

**I. Answer ALL the questions. Each answer should not exceed 50 words**

**(10X2= 20 Marks)**

1. Define Counselling.
2. Name the different types of counselling.
3. Mention the factors that influence the formation of personality.
4. Match the following:
  - a) Person-Centered Approach
  - b) Behaviour Modification Approach
  - c) Gestalt Approach
  - d) Transaction Analysis Approach
  - i) Eric Berne
  - ii) Piaget
  - iii) Carl Rogers
  - iv) Fritz Perls
5. List out any four characteristics of a counselling relationship.
6. Expand: SOLER.
7. What is meant by funneling skill in Counselling?
8. Write any two positions of the Client-centered approach.
9. What does Non-Maleficence mean? Give an example.
10. What is meant by Ethical Decision –Making?

**SECTION-B**

**II. Answer any FOUR questions. Each answer should not exceed 300 words.**

**(4X10= 40 Marks)**

11. Highlight the various influences on the development of counselling as a profession
12. Describe the essential qualities of a competent counsellor.
13. Discuss the ingredients of a counselling relationship.
14. Write a short note on the ethical standards applicable for the counselling profession
15. Outline the essence of Transactional Analysis as a tool for working clients.

**SECTION C**

**III. Answer any TWO questions. Each answer should not exceed 600 words.**

**(2x20=40 Marks)**

16. Summarise the main constructs of RET and describe its applicability in counselling practice.
17. 'De-addiction is a challenging multi-dimensional process of treatment'- Comment
18. With a suitable example discuss the process of counselling and bring out the skills required at each stage.

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