

**LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034**



**M.Sc. DEGREE EXAMINATION – MEDICAL SOCIOLOGY**

**THIRD SEMESTER – APRIL 2016**

**SO 3807 – COUNSELLING**

Date: 27-04-2016

Dept. No.

Max. : 100 Marks

Time: 09:00-12:00

**SECTION-A**

**Answer the following in about 30 words each:**

**(10x2=20)**

1. Define Counselling.
2. What is the objective of counseling.
3. Bring out the essential skills of a counselor.
4. Write any two myths about counselling.
5. What do you mean by psychoanalysis?
6. Do you think “follow – up “for a client is necessary? Why?
7. What is called “Talking Therapy”?
8. Bring out the steps involved in terminating a counselling session.
9. Mention the three important areas of marriage counselling.
10. How pre-test and post -test counseling is done for HIV/AIDS patient.

**SECTION-B**

**Answer any FIVE of the following in about 300 words each:**

**(5x8=40)**

11. As a counsellor how will you help the alcohol addicted patient for his rehabilitation?
12. Enumerate the characteristics and objectives of counselling.
13. Write a brief note on Humanistic therapy in counselling.
14. Explain the skills of the counselor which plays an important role in the counseling process.
15. Empathy is considered to be an unconditional positive regard for a client. Explain.
16. Illustrate the counseling process for the person with bereavement.
17. Bring out the importance of career counselling.

**SECTION-C**

**Answer any TWO of the following in about 1200 words.**

**(2x20=40)**

18. Highlight the key ingredients of marital counseling and explain the counseling process.
19. Explain the stages of counselling in detail.
20. What is Rational Emotive therapy? Explain its application for the patient who requires it for his/her recovery.
21. Elucidate the professional ethics of a counselor in various fields of counseling process.

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