



# NATIONAL SERVICE SCHEME ANNUAL REPORT 2021-2022



Loyola College (Autonomous)
Chennai-6000 34.

"College of Excellence"

# **INDEX**

## Part -A

# (College Level Events)

S.NO	Event Name	Date
1.	Certificate Verification	21-10-2021 to 29-10-2021
2.	Vigilence Day Programme	29/10/2021
3.	Placement Duty	15-11-2021 to 16-11-2021
4.	Placement Office Duty – Ramana Vidyalaya	2/12/2021 to 4/12/2021
5.	Christmas Celebration	18-12-2021 and 22-12-2021
6.	Republic Day – Celebration	26-01-2022
7.	Graduation Day 2022	19/03/2022
8.	Cancer Awareness Program	22/03/2022
9.	Ovation Inauguration 2k22	29/03/2022
10.	Sports Day 2k22	01/04/2022
11.	Photoshoot Work (Viscom Dept)	27/04/2022 to 07/05/2022
12.	Ovations 2K22	29/04/2022 to 30/04/2022
13.	The Invisibles - Vanakam Chennai	02/05/2022
14.	Parents Teachers Meeting	04/05/2022 to 10/05/2022
15.	Job fair 2k22	21/05/2022
16.	Placement Orientation duty – Ernst & Young	25/05/2022

Part –B
(University Level Events)

S.No	Event Name	Date
1.	Virtual Tele calling Duty	1/5/2021
2.	Young Warrior	8/6/2021
3.	ROB Webinar on How to distress oneself during COVID Pandemic	18-06-2021
4.	International Yoga Day 2021 Photo/Video Session	21-06-2021
5.	International Yoga Day 2021 Twitter Tweet	21-06-2021
6.	International Yoga Day 2021 E-Quiz	21-06-2021
7.	Yoga for Wellness – Webinar	25-06-2021
8.	International Day against Drug abuse - Webinar	26-06-2021
9.	Mahatma Gandhi National Council for Rural Education  – Webinar	7/7/2021
10.	Mega Blood Donation Camp 2021 - The University of Madras	23-07-2021
11.	Amplifying via social media- Tokyo Olympics 2020	24-07-2021
12.	National Unity Towards Team India E-Quiz	30-07-2021
13.	Digital Poster Making- Tokyo Olympics 2020	1/8/2021
14.	Digital Slogan Writing Contest – Tokyo Olympics 2020	3/8/2021
15.	Webinar on Effects of NEP 2020 on Youth Empowerment and Sports Development	4/8/2021
16.	I #Cheer4India Article writing contest	5/8/2021

17.	Forest Conservation Day – E-Quiz - Swachhatta Pakhwada	6/8/2021
18.	Forest Conservation Day – Plantation - Swachhatta Pakhwada	7/8/2021
19.	Catch the Rain – Short Video Making	8/8/2021
20.	Drug Abuse Awareness – Webinar	9/8/2021
21.	Best Out of Waste - Swachhatta Pakhwada	9/8/2021
22.	Swachhatta Pakhwada – Pledge	11/8/2021
23.	Poster Making and Slogan Writing – Swachhatta Pakhwada	11/8/2021
24.	Drawing on Water Conservation - Swachhata Pakhwada	14-08-2021
25.	National Anthem - Swachhata Pakhwada	14-08-2021
26.	Independence Day - Flag Hoisting	15-08-2021
27.	Importance of Vaccination – Webinar - Swachhata Pakhwada	15-08-2021
28.	Social Media Amplification - Swachhatta Pakhwada	15-08-2021
29.	Tokyo Bound Para – Athletics – Webinar	17-08-2021
30.	Catch the Rain – Social media Amplification	19-08-2021
31.	COVID – 19 Awareness E-Quiz	22-08-2021
32.	COVID – 19 Awareness Pledge	23-08-2021
33.	Social Media Amplification – COVID – 19 Awareness Progam	23-08-2021
34.	COVID - 19 Awareness Course	24-08-2021
35.	Meme Creation - COVID – 19 Awareness	25-08-2021
36.	Short Video Making – COVID – 19 Awareness	26-08-2021
37.	Article Writing – COVID – 19 Awareness	27-08-2021

38.	Poster Making and Slogan Writing – COVID – 19 Awareness	28-08-2021
39.	National NSS Meet 2021	20/09/2021 -
		24/09/2021
40.	Plantation Drive	24-09-2021
41.	NSS Day Celebration 2k21	24-09-2021
42.	Relevance of Gandhiji to present day youth - Webinar	2/10/2021
43.	National Unity Day Pledge	30-10-2021
44.	Vigilance and Anti-Corruption Awareness Programme	1/11/2021
45.	Cyber Security Awareness Programme	3/11/2021
46.	Webinar on "Role of Tribal Leaders in National Building".	19-11-2021
47.	Constitution Day Pledge.	26-11-2021
48.	International Anti-Corruption Day (Pledge).	9/12/2021
49.	Beach Cleaning.	12/12/2021
50.	Ek Bharat, Shreshtha Bharat - Webinar	21-12-2021
51.	Vaccination Awareness – Social Media Amplification.	27-12-2021
52.	Article Writing Competition – Ministry of Youth Affairs and Sports.	29-12-2021
53.	Drawing and Essay Competition – Greater Chennai Corporation.	30-12-2021
54.	"Know Your Constitution" - Webinar	30-12-2021
55.	"Analysis of Historical/Varalaaru Suvadugal" - Webinar	3/1/2022
56.	"25 <sup>th</sup> National Youth Festival" – Inauguration.	12/1/2022
57.	Webinar on "Health and Nutrition"	11/1/2022

58.	Virtual Surya Namaskar	14-01-2022
59.	Volunteer to be the voice of our voiceless friends – Webinar	14-02-2022
60.	Human Rights Awareness – Webinar	17-02-2022
61.	Election Duty 2022	19-02-2022
62.	Marty's Day Pledge and Rally	24/03/2022
63.	Beach Cleaning 2.0	26/03/2022
64.	International yoga day madras university	13/05/2022

## PART - C

# **NSS** unit level

S.No	Event Name	Date
1	Puppetry-the art of awareness	12-07-2021
2	World's Aids Day - webinar	01-12-2021
3	Webinar on Blog Writing and Interview Skills.	05-12-2021 to 06-12-2021
4	NSS Inauguration 2022	26-04-2022

### ANNUAL REPORT

Certificate Verification: Nearly 10 Loyola NSS volunteers assisted certificate verification for newly admitted undergraduate and postgraduate students within the Loyola College premises for a total of seven days. The volunteer's primary duty was to guide and help students in certificate verification process who were new to campus. At the same time, our volunteers assisted disabled students who experience difficulties on campus. Our work took on a social aspect, and our volunteers were separated into two teams, and the duty was shared among them so that it could be completed in a smooth and efficient manner. Volunteers became one with the students, guiding them in areas where they were unsure. The task was accomplished with the help of the volunteers.



**Vigilance Day Programme**: Citizens who do nothing to combat corruption are also complicit in it. "Vigilance Awareness Week" is observed during the last week of October 2021. Our Loyola student council collaborated with the Tamil Nadu vigilance department to stage a street play in various locations. Nearly 15 of Our Loyola NSS volunteers assisted with these activities by developing catchy slogans and pluck cards with inspirational quotes to promote good governance. Under the supervision of the Directorate of Vigilance and Anti-corruption, they joined hands and commenced the activities in three distinct sites (Central Railway Station-Jutkapuram, Forum Vijaya Mall-Vadapalani, and Triumph of Labour Statue-Marina Beach.



**Placement Day Duty**: On the event of the placement of our college students, 3 of our Loyola NSS unit volunteers assisted the training & placement cell for guiding the candidates. The discussion of the procedures involved in the campus placement of Ramana Vidyalaya is discussed briefly in this pre-placement talk. It happened in the Bertram Hall at 10:30am on 02/12/2021. Our volunteers did the seating arrangements of the chairs in the hall & also helped the candidates to follow the SOP in order to prevent the spread of COVID - 19. The event was completed smoothly and the duty ended at 2:30pm.

## Placement Office Duty – Ramana Vidyalaya:

On the event of the placement of our college students, our Loyola NSS unit volunteers assisted the training & placement cell for guiding the candidates. The discussion of the procedures involved in the campus placement of Ramana Vidyalaya is discussed briefly in this pre-placement talk. It happened in the Bertram Hall at 10:30am on 02/12/2021. Our volunteers did the seating arrangements of the chairs in the hall & also helped the candidates to follow the SOP in order to prevent the spread of COVID - 19. The event was completed smoothly and the duty ended at 2:30pm.





Christmas Celebration: Christ was born to bring true joy to everyone in the world. Keeping this statement in mind, the Christmas Day event was held at Loyola College on December 18<sup>th</sup> and as well as on 22nd, 2021. The purpose of the event was to bring Christmas joy to the hearts and minds of our beloved teachers and wonderful students. Loyola College hosted a wonderful event for its teachers and students in which Christmas joy was spread in a beautiful way. Following the event, afternoon launch was given to all the teaching and non teaching staffs, as well as to the volunteers of the event too. On the next enent happened on 22<sup>nd</sup>, the faculty gathered for a tea and cake session hosted by the college with the assistance of the loyola NSS unit. Our NSS volunteers distributed tea and cakes to the teachers. For the event on 18<sup>th</sup> about forty-five volunteers and for 22<sup>nd</sup> about eighteen volunteers were actively participated and made this event a more successful one. The event was a great success as both the teachers and students of Loyola college ended the year with a smile on their face and cheer in their hearts.





**Republic Day – Celebration:** The Republic Day is celebrated on the 26<sup>th</sup> of January every year, and plays an important part in India's history and defines the democratic structure of the nation. To celebrate this day, Loyola College along with its NSS unit and students gathered together in the college. For the mentioned event, there are about forty volunteers were participated with patriotic thoughts. The college invited Rev. Dr. D. Selvanayakam, SJ to be the Guest Of Honour for the day. He is the Secretary and Correspondent at Loyola College. Along with DR. D. Selvanayakam, Dr. D. Swornambal, the head of the department of tamil, and Mr. P. Krishnan, the Superintendent, were invited to be the Chief Guests for the day. The NSS volunteers along with the students and stuff of the college, conducted a ceremony where both the Guest of Honour and Chief Guests talked about the importance and significance of the day. The active participation of both the NSS volunteers as well as the students and staff of the college helped to make this day a grand success.



**Graduation Day 2022:** Graduation Day is celebrated for their achievement and appreciated the memories that this part of education has given you. On March 19, 2022, our Loyola College held "The 93rd Graduation Day" in order to have this time of celebration. The event's chief guest was the Vice Chancellor of the University of Madras. All of the 2016 and 2017 graduating students were honored and recognized for their achievements. About 30+ Loyola NSS volunteers participated in this event to serve refreshment for the graduates and been a part in the success of the event.





Cancer Awareness Program: Since the incidence of cancer is quickly increasing in India, it is critical to increase cancer literacy and knowledge among the population. The Cancer Institute (WIA)- Adyar, has created the Cancer Awareness Bus as part of its outreach programme to educate and raise awareness about cancer among the public, particularly students. With our 65 volunteers of, the Loyola dean of students held an inauguration and an awareness programme in YD Hall, which is located in the chemistry block, in collaboration with this institute. Dr. A. John Maria Xavier, our vice principal (administration) shift-I, welcomed everyone on the awareness bus. The cancer awareness bus displays impressive cancer-related content that showcases all the details. A special talk was held up in YD Hall in order to make them not use carcinogenic materials and also not use tobacco products, which lead to mouth cancer. They emphasized the importance of being aware of breast cancer, which affects women between the ages of 30 and 50 our volunteers actively participated in the programme and asked the resource person questions in the Q&A segment.





**Ovation Inauguration 2K22:** The Loyola Student Council and the Dean of Students along with the NSS unit worked together on 29/03/2022 to conduct the Inauguration of the Ovations 2k22. Actor Karunas is an Indian actor, politician, and comedian in the Tamil film industry was invited to be the chief guest for the ceremony. Appearing mostly in supporting roles, he has also played lead roles in films including Dindigul Sarathy and Ambasamudram Ambani. The Loyola NSS unit organised 30 volunteers for service on this day, and they enthusiastically participated in the program and helped out throughout the program. Under the control of the program officers the NSS volunteers kept the throng under control.



**Sports Day 2k22:** A magnificent sports extravaganza was held at Our Loyola College on April 1, 2019. In which all the students participated with great fervour and manifested their athletic skills with an unimpeachable finesse. It instills a spirit of sportsmanship, co-operation and responsibility in all. During the Sport Day, Our Loyola College NSS unit volunteers made a well organised excellent March Past Performance. The NSS volunteers parade was led by Our Organizers by carrying the Iconic NSS Flag. Nearly 30 active volunteers have been trained for the Sports Day Parade Performance by our Organizers in a well profiled manner for two weeks. Additionally Our NSS volunteers have rendered their services by distributing refreshments to the audience. Our volunteers got exposure to the team spirit, coordination, synchronisation and integration by this Sports Day Parade.



**Photoshoot Work (Viscom Dept):** Our Loyola College had an event about Viscom photo-shoot to enhance the skills of the students belonging to visual communication. This photo-shoot event conducted as a 5 days event from 25th April to 5th May 2022. So to make this programme to attain its successfulness our Loyola NSS lend a hand to achieve its triumph. An overall of 10 NSS volunteers were attended to maintain proper decorum in the event. Including this they ensured the security and to control the crowd.

**Ovations 2k22:** The event was carried for two days (29/24/2022 - 30-04-2022) with the help of the Loyola NSS unit. On both the days of Ovations, around 90 volunteers actively participated and did their best. The volunteers excelled in the distribution of snacks and food, protection of special guests, crowd control, assistance to the media relations team, property arrangements for the events, and other tasks. In the valedictory of the function, our volunteers were appreciated for their outstanding support for the success of Ovations 2K22.

The Invisibles Vanakkam Chennai: The Invisibles is an hip hop band which associated with American embassy. The event is all about music and diversity lay out positive messages of hip-hop, diversity, and self-expression, and facilitate transcending the social, cultural, and racial values in favour of inclusion. So, they visited our college to perform on 2nd May 2022. So, our Loyola NSS lend a hand to the success of the event. Overall, of 5 NSS volunteers attended the event and carried up the registration work of the audience, guiding the audience and maintenance of proper decorum. Volunteers also made sure of providing requirements. Thus, this event was so engrossing and delightful.



**Job fair 2k22:** The Mega South India Job Fair, which aids trans people and persons with disabilities to find employment. We Are Your Voice Initiative, who conducts the job fair annually in South Indian Level. This year's job fair has been conducted in Our Loyola College on 21th May 2022. Our NSS Volunteers has helped the disabled job seekers by guiding them to the job offering polls. Our volunteers have affiliated We Are Your Voice Initiative Team for maintaining the discipline and aiding the jobseekers.



#### **LEADERSHIP TRAINING PROGRAM (School of Human Excellence Dept)**

"Leadership is an action, not a position"

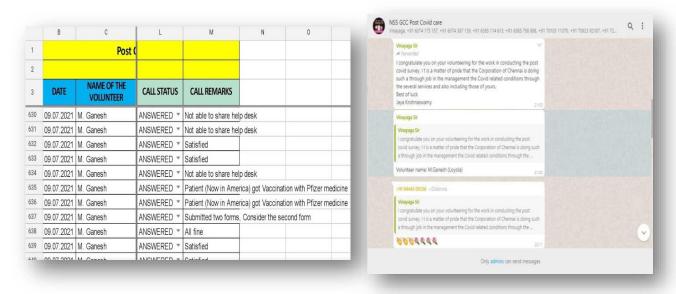
Leadership Training Workshop have been conducted by Department of School of Human Excellence from 09/05/2022 to 13/05/2022 for our college PG students. This Leadership training workshop made the student's thinking abilities to help young upcoming leaders to think in innovative and creative ways. Our NSS Volunteers helped to conduct this workshop in organised way by maintaining discipline and decorum throughout the session and they also engaged in distribution of refreshments to the students.





# Part –B (University Level Events)

Virtual Tele calling Duty: Our Loyola NSS volunteers worked in collaboration with the Greater Chennai Corporation on post-covid care telephoning duty. Volunteers will be allocated 50 calls per day to call Covid recovered patients and enquire about their health condition, vaccination details, and daily medication details if they take any. We shall inform the higher authority if the recipient end requests anything from us. At the same time, we'll double-check their personal information (Name, age and sex). The information is updated in a Google form and Google sheets at the end of each call. It was really a great learning experience for our volunteers. Where they experienced a variety of individuals who appreciated, reprimanded, and responded appropriately. Our volunteers of learnt how to interact with a variety of people. Working with GCC and NSS personnel who have a high degree of understanding and empathy has been a privilege, and sharing experience has enabled our volunteers to become more resilient.



**Young Warrior:** A devastating second wave of COVID-19 is sweeping India, and the current scenario provides an urgent call to action for our youngsters to get involved in the battle against COVID-19. YuWaah has formed the Young Warriors Coalition as a collaboration to spark a pan-India campaign to mobilize and equip 5 million "Young Warriors" to fight COVID-19. U-Report (a WhatsApp-based technology platform funded by UNICEF) will serve as a one-stop platform for these youngsters to arm themselves with comprehensive, verifiable, and evidence-based information throughout the initial phase of the youth movement. Artificial intelligence has been used to address this online Chain Campaign. The AI will send a text message and respond to our responses. By doing so, we will be able to complete 5 tasks set out by the automated, and participants will be awarded a certificate for their participation.

Our Loyola NSS volunteers are very curious about taking action to spread awareness and to protect society. Set of 65 volunteers had been actively participated and created awareness among everyone around them.

**ROB Webinar on How to distress oneself during COVID Pandemic:** The drug pandemic and its newscasts have had a negative impact on human mental health. The Ministry of Information and Broadcasting Field Outreach Bureau, Vellore, has initiated a webinar on the topic of "How to destress oneself during a contagious pandemic" with the collaboration of the NSS unit of the University of Madras and DMK College for Women, Vellore. The primary goal of this webinar is to spread positivity for mental health and to dispel fake news. Our Loyola NSS unit participated with the support of our 65 volunteers. The session enriched our ideas, and taught us how to improve our mental wellbeing. Dr. Vaneeta Aggarwal, NSS, Coordinator, University of Madras, Dr. J. Periyar Lenin, District Psychiatrist of the District Mental Programme, and Shri. R. Chidambaranathan, Deputy Director, AIR, Puducherry, shared their ideas on "How to deal with stressed students," and also warned students about Covid's fake news. And they insisted NSS volunteers should assist not only with physical well-being but also with mental well-being. All volunteers were asked to avoid receiving unpleasant news, since this has a detrimental influence on our mental health. They mentioned symptoms of stress such as headaches or dizziness, muscle stiffness, muscle tension or pain, stomach issues, chest pain, or a faster heartbeat. To avoid such stress issues, they suggested that we spend our time doing yoga and practicing asanas in order to boost our mental health and focus on developing new skills, such as learning new languages, etc., The entire lecture was incredibly helpful in helping people overcome their own stress and tension, and inspired us to improve our skills And, this webinar where eminent resource gave knowledge on the topic was the need of the hour and Enlighted our volunteers.



International Yoga Day 2021 Photo/Video Session: International Yoga Day 2021 has been celebrated by our NSS unit of Loyola, under the guidance of the University of Madras. The main aim of this initiative is to spread awareness among our youngsters and to keep a control on an individual's mind, body and soul. Yoga helps an individual to feel stress free and brings good physical and mental health wellbeing, to achieve a peaceful body and mind. It helps us to reduce anxiety, pressure, stress and help us to live healthily. The yoga celebration was conducted in three different phases. First, we conducted a photo and video session to create a desirability toward yoga and practise yoga asanas among our volunteers. Totally, 42 volunteers participated with enthusiasm and eagerness. They contributed remarkable works by participating in this session





**International Yoga Day 2021 Twitter Tweet:** Our volunteers tweeted on the twitter page to bring awareness amidst the society and to point out the significance of yoga. This shows the responsibility of a citizen, who seems not only to be serious but also to desires to make a change. Yoga is another important weapon to fight against Covid-19 and boost immunity power. This Chain type of event is to connect people and for the betterment of the society.



**International Yoga Day 2021 E-Quiz:** Secondly, we conducted an online quiz among our volunteers to understand the importance of yoga asana and how it helps in human life to bring about changes in both physical and mental wellbeing. Out of curiosity, volunteers came in drove. We concluded this event by distributing the e-certificate to the participants.

Yoga for Wellness – Webinar: The Government of India's Ministry of Information and Broadcasting Field Outreach Bureau, Vellore, organized a webinar on the theme of "Yoga for Wellness" in cooperation with the NSS Unit of the University of Madras and Alpha Arts and Science College. Yoga has numerous benefits for children and students, including improved mental wellness. In this event about 19 volunteers were actively participated and got benefited. Many colleges participated in this webinar, including our Loyola NSS, which attended with the enthusiastic support of volunteers. Dr. Vaneeta Aggarwal, NSS Coordinator at the University of Madras, and chief guest Dr. S. Selvan Nathan, a certified yoga trainer from the Sri Sri School of Yoga, spoke about the significance of yoga and their personal experiences with it. Tadasana, Vakrasana, Ardha Chandrasana, Padahastana are the most important asanas to be practiced daily and help us to build good muscles, improve our respiratory system, and increase the flexibility of our ankles, thighs, and joints. The session was incredibly useful for adopting and practicing yoga, as it left us feeling refreshed, calm, relaxed, and energized, as well as stress-free and motivated us to begin practicing yoga amongst ourselves.



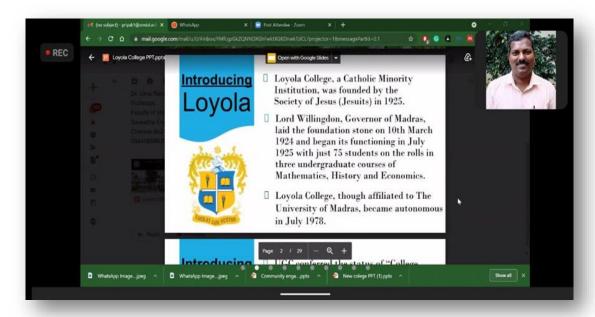
**International Day against Drug abuse – Webinar:** The International Day Against Drug Abuse and Illicit Trafficking is the United Nations' International Day against drug abuse and the illegal drug trade. It has been observed annually on 26 June since 1989. The University of Madras conducted a webinar with the collaboration of the Tamil Nadu Police on awareness of drug abuse. Many colleges as well as out volunteers of 37 have taken part in this webinar to spread awareness and our Loyola NSS unit attended with the support of many enthusiastic volunteers. The entire session was really informative for our volunteers and the lectures precise the major side effects of drugs. his webinar provided a comprehensive overview of drugs, and we saw real-life case studies that lead to drug abuse, and how young people are impacted by drugs that cause self-harm, sickness, and physical harm. They categorized the drugs one by one as follows: Stimulants (e.g., cocaine), depressants (e.g., alcohol), Opium-related painkillers (e.g., heroin), and hallucinogens (e.g., LSD) and shared their experiences with the volunteers, advising them to be aware of the dangers of drugs because it is extremely difficult to recover once we admit or consume drugs. They also advised our volunteers to be cautious about drugs and to notify anyone they observe using drugs to the NCB (Narcotics Control Bureau). As a result of this webinar's purpose, the volunteers will continue to behave as responsible citizens and have a significant influence on society by sharing their knowledge with their known network.



#### Mahatma Gandhi National Council for Rural Education – Webinar:

The Mahatma Gandhi National Council of Rural Education (Ministry of Human Resource Development) organized a Zoom video meeting in which all NSS unit colleges affiliated with the University of Madras presented an online presentation highlighting their Covid relief work and other services. Many institutions and colleges displayed their efforts and showed a true spirit of volunteering, and our program officer, Dr. A. MARIYAPPAN, made a brief comment

on our NSS unit's relief and support activities during the current pandemic, highlighting our work with our great service and track record, as well as the involvement of our NSS volunteers.



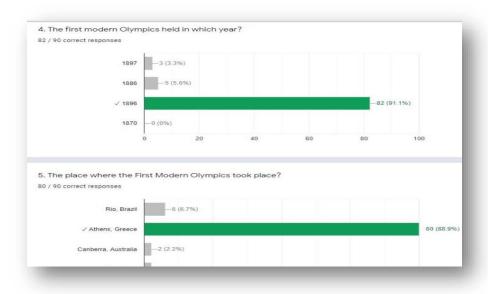
Mega Blood Donation Camp 2021 - The University of Madras: The NSS unit at the University of Madras organised a large blood donation event to help and support the poor and needy patients at the Egmore Government Hospital. Despite the Covid pandemic, the University of Madras successfully managed the event by following all Covid protocols. Many colleges and our volunteers count of 10 have joined together to assist and support individuals who are in need. Our Loyola College NSS unit has actively participated and contributed to society's needs. Our volunteers collaborated well with the doctors and gave great assistance by donating blood. The volunteers showed positive effects after the donation, such as a sense of satisfaction. Throughout the procedure, volunteers came on time, followed the regulations, and responded appropriately.



Amplifying via social media- Tokyo Olympics 2020: We used a series of online campaigns to support our team's Indian players. Our volunteers banded together to create a self-recorded video to cheer on and support our Indian team as they compete for medals in their mother tongue. Our volunteers, on the other hand, took a picture with a thumbs up in the frame to show their support and hope for the Indian players to win the event. We used hashtags to highlight our support towards volunteers' efforts, which took the form of digital posters and slogans in a social media campaign. Many people have expressed their support for our post, and we took the opportunity to express our support for Team India.



National Unity Towards Team India E-Quiz: Our volunteers are highly interested in learning more about sports and the Olympics. We hosted an E-quiz to enlighten knowledge and the questions were put up in such a way that volunteers could get the most out of it. Many volunteers are enthusiastic about sports and games. The session was really beneficial for them in terms of understanding what the Olympics are all about. Sports can help improve your concentration and keep you mentally sharp as you age. Participating in a mix of aerobic and muscle-strengthening exercise for 30 minutes or longer at least three times a week can improve mental abilities, including critical thinking, learning and using good judgment. In short, playing sports helps your brain grow and makes it work better. We finished the quiz by handing out E-certificates to the 30 volunteers who took part in the event.

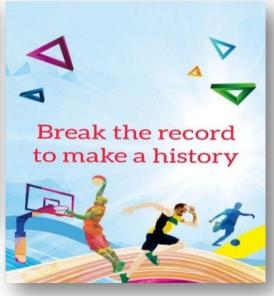


**Digital Poster Making- Tokyo Olympics 2020:** The digital poster is extremely colourful to look at and share with others. Our volunteers come up with new, attractive, and creative ideas to refresh the views and make the posters more engaging. A tiny digital poster showcases the dedication and accomplishments of our Indian team players. Inspiring quotes have been used to demonstrate how eager our Indian supporters are to see our athletes adorned with gold and slivers of medals. We picked the most sophisticated and digitalized method to support and cheer on our Indian athletes as they compete for gold. Around 15 volunteers actively took part in the event and we completed the session.



**Digital Slogan Writing Contest** – **Tokyo Olympics 2020:** logans assist to compress our expressions into a single sentence and are extremely beneficial for long-term memory. Our volunteers came up with a variety of expressions and turned them into a slogan to cheer our Indian team players. It appears to be really unique, catchy, and visually appealing. We made it more interesting to read for our Indian players. We completed it in a very peaceful manner, due to the active participation of 18 volunteers.





### Webinar on Effects of NEP 2020 on Youth Empowerment and Sports

**Development:** On the completion of one year of implementing the National Education Policy 2020, the Ministry of Education celebrated the first anniversary by hosting a webinar on the theme of "Impact of National Education Policy 2020 on Youth Empowerment and Sports" to highlight and demonstrate the merits of the policy and how it can help improve the changes in the Indian education system. On the one hand, to alter the educational system and enhance the quality of vocational courses, and on the other side, to focus on skilled training. Our NSS volunteers of 27 students have taken an active role in learning about and assessing the policy. The occasion was also graced by the presence of notable speakers including, Chairman of UGC Prof. DP Singh, Founder of Swami Vivekananda Youth Movement (SVYM) &Member, Capacity Building Commission Dr. R. Bala subramaniam, Director of IIM Rohtak Prof. Dheeraj Sharma, Director of RGNIYD, Sriperumbudur, TN Prof. Sibnath Deb, Vice-Chancellor of National Sports University, Manipur Shri. R.C. Mishra, Professor, and Head of Department of Political Science, Delhi University Dr. (Prof.) Sangit Ragi, Secretary of Department of Sports Shri Ravi Mital, Secretary of Department of Youth Affairs Smt. Usha Sharma, Joint Secretary of Department of Youth Affairs Shri Asit Singh and Joint Secretary (Development) Department of Sports Shri Atul Sing. The panel speakers pointed out their opinions on different views and it shows the real truth behind the policy.



I #Cheer4India Article writing contest: We ask our volunteers to refresh the history and evolution of our Indian team players who have competed in ancient Olympics to modern Olympics in order to highlight the Indian players' achievements. In 1952, wrestler KD Jadhav became the first Indian to win an individual Olympic medal, a bronze. In the 1952 Helsinki Olympics, Nilima Ghose emerged as the first woman from independent India to participate in the Olympics. At the 1956 Melbourne Olympics, the Indian football team won the bronze medal. The Indian men's hockey team won silver in the 1960 Rome Olympics. Milkha Singh also won a bronze medal in the 400m. The Indian hockey team won their sixth gold medal at the 1964 Tokyo Olympics. We highlighted the achievements of our Indian athletes in the form of article writing, and it is a great privilege for us to study the history of our famous sportsmen. We completed the day event with the support of 7 volunteers.



### Forest Conservation Day – E-Quiz - Swachhatta Pakhwada:

Forest lands must be preserved for future generations' benefit and sustainability. Animals are directly impacted by forest destruction and tree cutting. Therefore, animals are migrating to towns and villages as a result. It is our responsibility to conserve the forest in order to safeguard human lives and wildlife. The earth is the most valuable asset to all living things, and it is not a private possession of any human race. Keeping in mind, our Loyola NSS held an E-quiz on the topic of forest conservation to educate our volunteers. With the help of 300 volunteers, we were able to pull off the event without incident and successfully completed the day's event by delivering the e-certificate to the attendees.



Forest Conservation Day – Plantation - Swachhatta Pakhwada: Planting a tree is the same as creating a new world. And our volunteers united together and planted the saplings to bring a good environment and ecosystem to society. By planting a tree, we are planting hope for our future generations that we are still in the hand of nature. Trees are our main survival tool; they produce oxygen for living beings. Removing trees and replacing them with heat-absorbing asphalt roads and buildings makes cities much warmer. Trees cool cities by up to 10 degrees by providing shade and releasing water. Aside from cooling, trees also help conserve water. Water will slowly evaporate from low vegetation due to the shade it provides. We took this opportunity to contribute our part towards forest prevention and family welfare. The event for the day was successfully concluded. With the help of 297 volunteers, we were able to pull off the event without incident and successfully.



Catch the Rain – Short Video Making: Despite the fact that water makes up almost 70% of the Earth's surface, many regions of the world have water shortages. Water conservation is critical because it keeps water pure and clean while also safeguarding the ecosystem. Water is essential not only for humans, but for all living organisms on the planet. It is our duty to save water. Conserving water ensures that there will be enough for everyone in your town to utilize. as a part of water conservation activity, our volunteers has made many rainwater harvesting as well as water conservation works and the photos were posted in the social media to create awareness to common people. Our volunteers came up with a lot of unique ideas for art pieces and raised a lot of awareness about water conservation. Each piece

of art has demonstrated the true significance of water and how it benefits our human existence. The artwork was created colorfully especially with the help of 72 volunteers.



**Drug Abuse Awareness** – **Webinar**: The Chennai Outer GST Commissionerate held a drug abuse awareness program through a webinar on the occasion of the Quit India Movement. Several colleges and schools participated in this active event to make people aware of drug abuse, and our Loyola NSS unit was one of them to participate in the webinar, showing huge support for this event. Dr. A Venkadesh Babu, IRS, Assistant Commissioner of Customs (CCO) Trichy, who also holds a GUINNESS RECORD for his exceptional efforts in the largest drugs awareness lesson, addressed this occasion, sharing his ideas and views on drug abuse and how it leads to addiction, as well as the various disadvantages that occur as a result of drug consumption. He also advised not to be influenced by friends who are addicted to drugs, but to try to help them overcome their addiction, because this can lead to mental hallucinations and other illnesses that will make them mentally unstable and lead to extreme behavior. His final word of advice was to stay in touch with family and friends, because those who do are more likely to be protected from the dangers of abuse.



Best Out of Waste - Swachhatta Pakhwada: We can keep the environment clean by reusing and recycling waste. Creativity always leads to innovation, and we encouraged our volunteers to apply their creativity to cleanliness for the betterment of society. Our volunteers came up with various ideas to recycle waste into useful items by thinking in a different way. We organized the event with the help of more than 70 volunteers in order to have a large impact on society and to give people a better understanding of recycling. Recycling helps to minimize energy consumption, new raw material use, and greenhouse gas emissions by lowering the requirement for "conventional" trash disposal. We witnessed our volunteers working hard to make the best out of waste, demonstrating that even small things can bring great change. We wrapped up the day's events by thanking our volunteers and encouraging them to participate in future events.



**Swachhatta Pakhwada** – **Pledge:** "When someone promises to do something, they vow to do it seriously" Similarly, our Loyola NSS volunteers enthusiastically pledged to "SWACAHHATA PAKHWADA." The pledge was conducted entirely online. It was completed in both Tamil and English. With the encouragement and support of our Program Officers the pledge taking ceremony took place. With the help of 112 volunteers, we were able to pull off the event without incident and successfully completed the day's. The volunteers were highly patriotic and enthusiasitic for the betterment of the nation by acting as good citizens for the cleanliness of the nation. The event was a success thanks to the efforts of all the volunteers.



Poster Making and Slogan Writing – Swachhatta Pakhwada: A slogan is a phrase that is particularly brief and memorable. The purpose of a slogan is to convey your thoughts in a way that audiences will remember and identify. It's our duty to keep our environment clean. Being a citizen, every individual is responsible for keeping their nation neat and clean, and a slogan helps to spread the word. In order to spread the importance of cleanliness, we held a slogan writing contest with the goal of raising awareness among volunteers about their individual responsibility to keep their surroundings nice and clean. Our volunteers actively participated in huge numbers, sharing their innovative ideas and exploring their writing abilities through slogan writing, and the aim of raising cleanliness awareness among volunteers has been achieved.



**Drawing on Water Conservation - Swachhata Pakhwada:** It is quite easy to reach out to individuals in a digital environment with the aim of doing good. We are taking this route in order to raise awareness around the country by hosting an event. We asked our volunteers to create a poster describing cleanliness. Our volunteers came up with novel ways to emphasize the importance of cleaning. A large number of volunteers stepped forward to establish a clean nation through posters. With the help of 128 volunteers, we were able to pull off the event without incident and successfully completed. The innovative posters, which were created by our volunteers, were interesting to view and the goal of spreading awareness about cleanliness among volunteers was accomplished.



**National Anthem - Swachhata Pakhwada:** When compared to previous years, this year's celebration was considerably different. Artificial intelligence has been linked to video recording and uploading. The background musical instruments will be performed, and we will be required to sing along with the lyrics of the national anthem, which will be shown at the top of the video coverage frame. By encouraging participants, they will receive an E-certificate at the completion of the video uploading process.

The major goal of this effort is to create a record for the most Indians singing the National Anthem together in the name of patriotism. Our Loyola NSS volunteers took an active role. The national anthem was performed by 49 volunteers, making it the most memorable event of the day.



Importance of Vaccination – Webinar - Swachhata Pakhwada: Vaccination is a simple, safe, and efficient way to protect individuals from dangerous diseases before they get infected. With that in view, to raise vaccination awareness and dispel vaccine myths, the Loyola NSS hosted an interactive session in association with DR. Rubesh Kumar, Consultant, ICMR National Institute of Epidemiology, Chennai. This interactive session benefited the volunteers by answering their questions and assuring them of all the myths that were busted through the guidelines shared. This webinar concluded with a great impact of understanding among volunteers with the information shared, and they will play their part in busting the necessary myths in their surrounding environment with the information shared.



**Social Media Amplification - Swachhatta Pakhwada:** The most effective way to reach a larger audience is through social media, because we can reach a lot of different people. We have used this platform to spread awareness of cleanliness and its importance through posters and slogans, which were made by our volunteers to help lighten the current darkness. To live a long life and prevent the spread of covid, we must practice hygiene and keep a clean environment. And our volunteers, around 35 in number, stepped forward to play an essential role in the cleanliness of the nation. We utilized certain hashtags on the same topic to link people and make the most out of it. We had a favorable response from the audience within a few minutes, and the event went off without a hitch.



**Tokyo Bound Para** – **Athletics** – **Webinar:** Prime Minister Narendra Modi had a virtual conference with the Indian contingent heading to the upcoming Tokyo Paralympics on August 24. Anurag Thakur, the union Sports minister, was also present at the meeting. PM Modi wished the para-athletes success and encouraged them to express themselves in the showpiece event in an effort to improve their confidence. PM Modi stated that New India will never put pressure on its athletes to win gold, instead encouraging them to give their all. "COVID-19 may have increased your hardships but you people have never given up, this is real sportsmanship. The games will commence from 24 August to 5 September 2021. India will participate for the first time in Badminton and Taekwondo in Tokyo Paralympics along with regular sports. Union Sports Minister Anurag Singh Thakur thanks PM Modi for extending his support to athletes across the country, says "Your encouragement will motivate the youth to take up sports and do well in it." Our volunteers also joined this virtual conference to express their support for our athletes, and our honorable prime minister's comments inspired not only the athletes, but also the youth and young citizens of India to participate in sports. Around 43 volunteers took part in this conference and supported our Indian athletes.



COVID – 19 Awareness E-Quiz: Many people hold incorrect beliefs regarding vaccinations due to a lack of information, and these people are readily misled by others. We set out to influence the public's mindset by beginning with our volunteers. So, we scheduled a quiz to promote awareness of Covid-19 vaccination, and 219 people signed up for the contest. The vaccination assists our bodies in identifying the infection and producing the essential chemicals to destroy the virus and prevent its spread. There is no such thing as a mandatory treatment or vaccine. It is entirely up to you whether or not to accept it. It is strongly advised that you take it since it will provide you the strength to resist the virus, and the more individuals who are vaccinated, the less the infection will spread. The question has been designed in such a manner that it will provide our volunteers with clear information about vaccines and remove all misconceptions from their minds. Our work was completed when the E-certificates were distributed to the participants.



COVID-19 Awareness Pledge: Our honourable Prime Minister, Narendra Modi, started a campaign for covid-19 Appropriate Behaviour under the theme of Jan Andolan (people's participation). The major objective of this campaign is to send a message that masks must be used, as well as physical distance and hand hygiene. This online initiative will save citizens' time while also reaching a broader audience. The website will direct us to make a pledge to play a responsible part in society by keeping social distance and wearing a mask. Our volunteers came out in force to play an important role and set a good example for society. With the help of With the help of 176 volunteers, we were able to pull off the event without incident and successfully. Our volunteers are really enthusiastic about accepting the pledge and working for the country. This low-cost, high-intensity campaign has shown a significant influence on people. With the help of 176 volunteers, we were able to pull off the event without incident and successfully. They have been offered an E-certificate as soon as they complete the pledge by acknowledging the participants. With the help of buzz marketing, our volunteers posted the E-certificate on social media to influence a huge audience. We used some hashtags to tag the related information and to make the best use of it.

**Social Media Amplification – COVID – 19 Awareness Progam:** Finally, we used social media to highlight our efforts to make a significant change in the public's perception, and we used this to reach a larger audience and convince them to take COVID precautions. Our volunteers shared their posts on social media, and many people responded by raising their thumps, liking our posts, and replaying our messages. These kinds of small steps will undoubtedly make a big difference in society, and we chose this route to convey our message by raising awareness throughout the country. Our volunteers' colourful work will be extremely beneficial to the nation and society in winning the war. With the active participation of 21 volunteers, our motive has been fulfilled.



**COVID - 19 Awareness Course:** Before volunteering to raise awareness of covid-19, we need equip ourselves with some basic understanding to distinguish between true and false details. Our volunteers are eager to learn everything they can about covid-19 and the vaccine's particular resources. The World Health Organization developed a comprehensive set of covid-19 tools and courses to teach and equip individuals, particularly volunteers who serve for the country. The entire training is free of cost and approximately 45 volunteers showed up to make the best use of it. To make them more understandable for learners, all topics comprise about 50 languages. The training will cover a wide range of modules, and the entire programme will provide a thorough understanding of covid-19 and the necessity of vaccinations. The learning procedure is carried out entirely online. At the completion of the course, the volunteers received an E-certificate.

Meme Creation - COVID - 19 Awareness: The public has been exhausted from hearing about Covid-19 and following the protocols to prevent further spread of covid. This is the first time that a nationwide lockdown has been declared. It is too difficult to wear a mask and maintain social distance, but it is necessary to follow. To make them feel relieved and relaxed, our volunteers devised a new way to raise awareness by making people smile. Our volunteers created some memes to emphasise and demonstrate the significance of taking precautions. Memes are more enjoyable, creative, and meaningful to view and share with others. Our memes help people feel liberated in terms of their mental health and well-being. With the help of our 96 volunteers, we concluded the event.



**Short Video Making** – **COVID** – **19 Awareness:** A good speech affects positive social change. At the same time, it boosts society's confidence in the ability to succeed. Our volunteers conveyed their points in the form of a short video by recording a speech to the public in order to ensure that COVID precautions are implemented in our daily lives in order to defeat COVID-19. This three-minute video teaches people how to properly wear masks and maintain social distance in public places. They emphasize the importance of vaccination and recommend getting the vaccine to boost immunity in the body. Our volunteers are so humble and kind in their speeches that the message penetrates deeply into the brain and brings good result among society. We completed our day's event with the enthusiastic help of 45 volunteers.



**Article Writing – COVID – 19 Awareness:** We elaborated on our views in the form of articles in order to raise public awareness. After extensive research, our volunteers gathered massive data to show the large number of covid cases that have arisen in the past as a result of the public's reckless behaviour. And this should be prevented by taking appropriate action and adhering to safety precautions. Our volunteers highlighted the key principles that should be followed by everyone in the country in order to avoid the spread of covid. The COVID-19 vaccinations currently in use across the globe are effective at avoiding serious sickness and death from the coronavirus, so get your shots when your turn comes. We can definitely stop the spread of covid if we pay closer attention to all of these aspects. The articles have gone into depth about the covid and the precautions which must be taken. And we use this information to raise public awareness. We concluded the session by delivering our message to society with the help of 45 volunteers.

**Poster Making and Slogan Writing – COVID – 19 Awareness:** Posters offer tiny messages that convey clear concepts to a large number of people. Our volunteers created colourful posters to raise awareness among society about the need of wearing a mask and maintaining social distance. The posters are well-designed and visually appealing. At the same time, they send an alert to the public to follow the fundamental procedure in order to prevent the spread of covid. Rather than compelling individuals to follow the procedure, these tiny

visual arts will help them feel refreshed, relaxed, and engaged in following the procedure. Our volunteers are highly excited about contributing their skills to the betterment of society. We conveyed our message to the public with the help of 66 volunteers and concluded the day event in a very peaceful manner.



The NSS Unit of St. Xavier's College of Arts and Science, Palamkottai, held a virtual competition called the National NSS Meet exclusively for NSS volunteers, and all NSS volunteers who have been stationed in India participated in this event. The event included slogan writing, music composition, short story writing, and other activities. Many colleges from all around the country actively engaged in this programme in order to take advantage of this unique opportunity to develop their creative ideas. The inauguration was followed by the chief guest, Dr. Samuel Chellaiah, NSS Regional Director from Chennai He handed out the session and congratulated the volunteers. This meet was attended by the highly creative minds of volunteers from our Loyola NSS unit. Furthermore, we are delighted that our college placed second position in overall competition and received a Rs.7000 cash prize from St. Xavier's College of Arts and Science. The event concluded with a valedictory function with guest speaker Dr. Senthil Kumar, NSS coordinator for Tamil Nadu. Volunteerism not only trains our minds in the field of service, but it also gives us a platform to express our inner creativity, and as a result, our volunteers benefited from their excellence and have their skill showcased in several fields



**Plantation Drive:** On September 24, 2021 our Loyola NSS unit planted 25 tree saplings in the selected areas within the college premises. Each volunteer was dedicated a sapling whom will take care. Under the guidance of the University of Madras each sapling was serial numbered and one sapling was dedicated for the Tamil Nadu State NSS Cell and the remaining 24 saplings were taken care individually by the volunteers it was given to them as a responsibility. This move was taken to mark and remember the 75th year of Indian Independence. The chief guests were Dr. N. Raja Hussain, Additional Registrar, BSA Crescent Institute of Science and Technology, Vandalur and Prof. Iyyappan, former NSS coordinator of Loyola College, Chennai. Dr. Raja Hussain also took part in this movement to plant the trees. In the form of an environmentally friendly mindset, nearly 50+ volunteers participated in this movement.

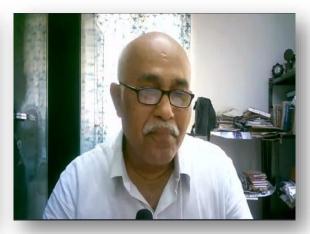


NSS Day Celebration 2k21: On 24 September, National Service Scheme Day is observed and celebrated across the country. The Ministry of Youth Affairs and Sports conducts and manages the National Service Scheme (NSS). As volunteers of the Loyola NSS Unit, we celebrated with our young spirit of 50 volunteers and showcased our volunteerism at the same time. It's a huge privilege to be a part of such a prestigious public service program. The volunteers took pride in glorifying and celebrating the spirit of unity. The event began at 4 p.m. in Yedanapalli Hall. The chief guests for the day were Dr. N. Raja Hussain, Additional Registrar, BSA Crescent Institute of Science and Technology, Vandalur, and Prof. Iyyappan, former NSS coordinator of Loyola College.



Relevance of Gandhiji to present day youth — Webinar: Mahatma Gandhiji is the father of our country, and he gave his services to it by following Ashima to free the country from British tyranny. The University of Madras has sponsored a webinar on "the Relevance of Gandhiji to Present day Youth" in honour of our nation's father. The primary goal of this webinar is to highlight the principles and views of our nation's father and to instil them in young minds. Many colleges participated in learning bout Gandhiji and attempting to comprehend various aspects of his life. The young minds of 56 volunteers from our Loyola NSS actively participated in this webinar. Dr. Vaneeta Aggarwal, NSS co-ordinator at the University of Madras, delivered the speech, beginning with Gandhiji quotes to motivate the volunteers.





**National Unity Day (PLEDGE):** India is a secular country with diversified cultures and significances in its own kind. As an endeavour to solidify the bond of oneness and unification. Loyola NSS Unit, celebrated the birth anniversary of Sardar Vallabhbhai Patel on 30<sup>th</sup> October 2021 as Rashtriya Ekta Diwas (National Unity Day). In line with the celebrations countrywide, under the guidance of Dr. A. Mariyappan, Program Officer at Loyola NSS Unit took pledge on National Unity Day, 25 plus volunteers from various departments have actively participated to extend heartfelt appreciation about the life of the great leader, Sardar Vallabhbhai Patel.



Cyber Security Awareness Programme: Cyber thieves are expanding beyond barriers in today's digital environment, plundering our databases and misleading the public by sending fake messages. In our virtual world, being cyber-smart is essential. Our Loyola NSS unit performed a series of awareness programmes in the form of slogan writing, poster creation, and an E-quiz on the theme of "Do your part # be Cyber smart" Under the guidance of Ministry of Youth Affairs and NSS Coordinator, University of Madras. Our volunteers of On first Wednesday of every month events have been planned to create awareness on cyber security among our volunteers. Our main goal is to raise awareness among our volunteers by putting their knowledge to the test, particularly in the area of cybersecurity and how to protect our privacy from cyber criminals.



Webinar on "Role of Tribal Leaders in National Building": On Monday, November 15, 2021, Prime Minister Narendra Modi inaugurated a museum dedicated to tribal freedom fighter Birsa Munda in Ranchi, Jharkhand's capital, and declared November 15, 2021, as Janjatiya Gaurav Divas to honour Birsa Munda's remarkable contribution to nation building. Besides this, A webinar on "The Role of Tribal Leaders in Nation Building" was hosted by the University of Madras. Dr. Vaneeta Aggarwal, Program Convenor and NSS Coordinator, University of Madras, began the webinar by welcoming the chief guests and expressing her enthusiasm for speaking about the tribal leaders and their patriotism for the country. Dr. S. Gowri, Vice Chancellor of the University of Madras, spoke about tribal leaders and his own life experiences with tribal people. Professor K.P. Shanmugarajeswaran of the Department of Anthropology, the day's chief guest, spoke about her own life experiences with tribal society as well as the research she was conducting on tribal people and their way of life. Our volunteers of 9 members were actively participated in the event and made the event a very successful one.



Constitution Day Pledge: The law is a more powerful weapon. As a result, people are more truthful about it. This powerful weapon was adopted by India on November 26, 1949, under the guise of the Indian Constitution, and it went into effect on January 26, 1950. Every year on November 26, Constitution Day, or "Samvidhan Diwas," is observed to commemorate the adoption of the Constitution of India. Our Loyola NSS unit hosted a meeting to take the pledge of the Indian Constitution preamble to commemorate and celebrate Constitution Day. The Tamil Nadu government declared the college and schools closed due to sudden climate changes and heavy rainfall. But our course of action was not altered, and we completed our work with the assistance of technology by creating a G-meet link for the active participants of 100 volunteers. Prof. Alexander, department of commerce, Loyola NSS programme officer, has taken great pleasure in enlightening our knowledge of the Constitution's Preamble by explaining it. He also gave a brief history of the Constitution and explained how we must treat each and every citizen of our society with equal rights and opportunities.



**International Anti-Corruption Day (Pledge):** International Anti-Corruption Day was celebrated on 9<sup>th</sup>, December 2021 by our Loyola NSS Club. We organised a Pledge program to create an awareness and influence the NSS volunteers. A maximum of 40 students actively taken part in this pledge. This event started with an oath - taking moment, both in English and Tamil. All the volunteers took an oath and promised themselves as they would strive hard to eradicate corruption and does not practice it. This represents a small step taken by our Loyola NSS to abolish corruption. The event was headed with our program officers who helped this event to attain its great success. And the event ended with an NSS clap. Thus this pledge encourages everyone to represent the nation as an honest citizen without being corrupted.

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**Beach Cleaning:** Beaches in Chennai are facing solid waste pollution along the shores. To eradicate this problem, on December 12th, 2021, the Elliots Beach Cleaning Drive was held at Besant Nagar, Chennai. This event was organized by the Greater Chennai Corporation's Solid Waste Management Contractor, Urbaser Sumeet. Chennai's Commissioner, Gagandeep Singh Bedi, addressed the drive and encouraged the volunteers. In 3 hours, Loyola NSS volunteers of 10 members were actively participated along with members of NGOs, other college students, and the general public. All the collected debris has been handed over to Greater Chennai Corporation employees and NGOs by our volunteers. During this drive, nearly 75 tonnes of waste were removed from the 1.2km stretch of Besant Nagar shoreline.



**Ek Bharat, Shreshtha Bharat** — **Webinar:** From Kashmir to Kanyakumari, there are different regions in India, and each region shows different cultures and traditions. Intending to bring all the cultures together, the University of Madras hosted a webinar on the topic, "Ek Bharat, Shreshtha Bharat." and the Loyola NSS unit took part with two volunteers in this diverse program among various colleges. The Guest of Honour and Speaker for the event was Lieutenant General Dr. Rakesh Sharma. He was commissioned by the fire and fury corps in eastern Ladakh, and also had extensive operational experience in Jammu and Kashmir Analyses and a Ph.D. in defense studies. The second keynote speaker was Dr. Rahul Thakur, Assistant Professor in the Department of Tourism and Travel Management and Social Entrepreneurship.



**Vaccination Awareness – Social Media Amplification:** As the days pass by, the COVID gets mutated and becomes a new variant. As NSS volunteers, it is also our responsibility to spread awareness about this problem throughout our society. Our Loyola NSS unit came up with a visual message, a video with all the basic appropriate things that all individuals must follow to succeed in this tough pandemic situation. Our volunteers of 16 members were actively tagged various official NSS pages. It demonstrates and motivates you to take your shot of vaccination to protect your health from this deadly disease and also carries a set of instructions for the general public and people who are unaware of where to get vaccinated and how to get vaccinated.

## **Article Writing Competition – Ministry of Youth Affairs and Sports:**

On 12<sup>th</sup> January 2022 is celebrated as National Youth Day, to honour one of India's greatest philosophers & spiritual leaders, 'Swami Vivekananda' and his legacy. In accordance with the 25<sup>th</sup> National Youth Festival, Ministry of Youth Affairs & Sports is invited articles from the dynamic youths of the country. equally and democratically successful. Even though, 75 years after our freedom from foreign countries, our country struggling to overcome poverty, unemployment, corruption and social evils. So, our volunteers of 2 members were aspired that our country should become the greatest wellbeing economy in the world by 2047 and wrote an article on the topic, India of My Dreams in 2047.





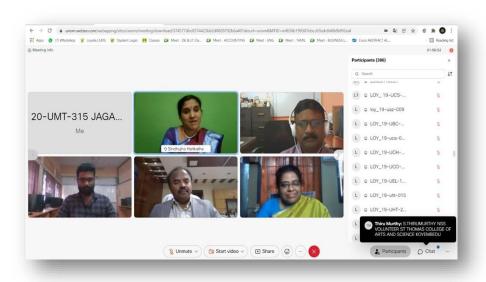
**Drawing and Essay Competition** – **Greater Chennai Corporation:** Voting is our fundamental right. By voting, we can create a better society for our future generations. The people must vote 100% for the progress of the country. Our right to vote is the only way to build a good democracy. As per the communication given by GCC (Greater Chennai Corporation), the Loyola NSS unit was privileged to participate in the drawing and essay competition with the help of volunteers in order to have a large impact on society and give people a better understanding of voting. So, our volunteers came up with various ideas to spread awareness about 100% voting. With the insight and creativity of our volunteers, they expressed their views and ideas through their creative drawing and writing skills. Through this process, we not only raised the importance of voting but also encouraged the youth and new voters to participate in the election process to build a good democracy in the nation. This report comes to a colourful conclusion due to the colourful work of our volunteers.



"Know Your Constitution" — Webinar: Constitutional law is the result of both nationalism and the idea that the state must protect certain fundamental rights. As a result, the Loyola NSS Unit took steps to disseminate this information among volunteers and hosted a webinar session on the topic of "Know Your Constitution" to create an awareness about knowing our constitutional rights and responsibilities. The session was initiated with Tamil Thai Vazhthu. Mr. Gowri Shankar (M.A, B.L) was invited as the chief guest for the event. The significance of the event is to make the students know about their fundamental rights. The Chief guest shared his ideas and knowledge about constitutional rights. In addition to this, he advised all the students to follow the traffic rules and regulations. Apart from this, he also explained the Indian penal code laws and its penalties. Since there are so many crimes in our contemporary society, this knowledge can assist students in creating a safer society in the future. For this event our volunteers of 70 members were actively participated and get benefited.



"Analysis of Historical/Varalaaru Suvadugal" – Webinar: On 3<sup>rd</sup> January 2022, a webinar was conducted by the University of Madras along with the Loyola NSS unit on the topic "Analysis of Historical/Varalaaru Suvadugal". The Chief Guest was Prof. S Gowri, the vice chancellor of the University of Madras. The other speakers of the day include Dr Rita John, Ms Sindhujha Harikatha, Prof. Renuga Suriyakumar and Dr Vanitha Agarwal. Loyola College NSS unit along with the NSS units of other colleges took part in a webinar conducted on the topic "Analysis of Historical/Varalaaru Suvadugal. Nearly 400 NSS volunteers took part in this webinar and gracefully listened as the speakers talked about the history of our great state and imparted knowledge into the young minds of the students.



"25<sup>th</sup> National Youth Festival" – Inauguration: National Youth Day is celebrated to honour the ideals and thoughts of Swamiji Vivekananda who had tremendous faith in youth. The 25th National Youth Festival was inaugurated by Prime Minister Mr. Narendra Modi hosted by Puducherry Government. On next Youth Affairs secretary Usha Sharma said that festival aims to shape the mind's of India;s youth and transform them into a united force for nation – building. The Inauguration was followed by the National Youth Summit which aims to galvanize, ignite, unite and activate the youth towards nation – building, to unleash the true potential of our demographic dividend. Out volunteers of 157 students were participated and made this event a grand success.

Webinar on "Health and Nutrition": Nutrition is one of the primary aspects in today's lifestyle. Our chief guest for the day was Dr. D. Esther Lydia. She's working as an assistant professor in the department of food and chemistry and food processing in Loyola college. She's also a member of the Indian Dietetics Association and Nutrition Society of India. Our volunteers were connected through G-meet to discuss the topic and put it into practice in their day-to-day lives. Out volunteers of 85 students were participated and made this event a grand success.



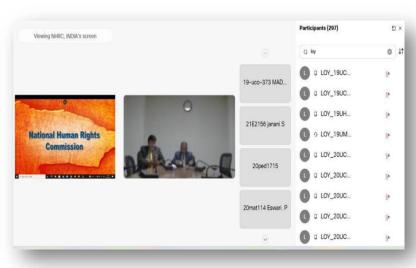
**Virtual Surya Namaskar:** The Ministry of AYUSH has organised a global Surya Namaskar Demonstration Programme on January 14, 2022 for 75 lakh people globally (on the day of Makar Sakranti to commemorate the journey of the sun to the Northern Hemisphere). As per the communication given by the University of Madras, the Loyola NSS unit was privileged to participate in the virtual surya namaskar programme with the help of volunteers in order to have a large impact on society and give people a better understanding of surya namaskar. Our volunteers actively participated in the programme with the appropriate behavior. The volunteers did the Surya namaskar in their home and sent it as a video clip. And also posted on social media to create awareness about Surya Namaskar. Because of this program, our volunteers knew the benefits of Surya namaskar.



Volunteer to be the voice of our voiceless friends —Webinar: The world is inhabited not only by humans but also by several creatures, like land animals, sea animals, birds, and so on. But often, we make hurtful remarks to our voiceless friends. The University of Madras tied up with Bhumai, which is a prominent non-government organization, and hosted an amazing interactive session with the National Service Scheme to have a positive impact on the youngest. The major aim of this session is to add value to the lives of animals and to protect them by volunteering for aid to animals. The session moved on to create a bird feeder to feed the birds, which was extremely creative and impressive. Our Loyola NSS volunteers of 4 members have made the bird feeder to express their love and concern for animals, and they have learned a valuable lesson.



**Human Rights Awareness** – **Webinar:** "When the rights of one man are challenged, the rights of all men are harmed." Human rights are the rights that every individual has just because they are human. It protects the dignity of every human being's life. The National Human Rights Commission (NHRC) held a virtual workshop to raise awareness of the rights that inhabitants of our country are entitled to. Our Loyola NSS 14 students had fully committed to the program's success. They explained the numerous legislation and parts pertaining to basic human rights. These parts describe standard information as it relates to the protection of individual rights. They detailed their investigation methods, as well as the victim's compensation and other legal procedures. Their inquiry and compensation procedures were elaborated.



**Election Duty 2022:** Human Rights are basically the rights that every person has by virtue of being a human being. It safeguards the dignity of life of every human being. Our Loyola NSS 41 members had engaged with the program to its triumph. They elucidated the various acts and sections regarding the fundamental human rights. As these acts have the power of safeguarding the individual rights from the violation. In addition to this they described the difference between National Human Rights Commission (NHRC) and State Human Rights Commission (SHRC) their authorities and duties. They always ensure that the individual human should not be violated by any public authority.



Marty's Day Pledge and Rally: Martyrs' Day is celebrated to pay reverent homage to the patriots who fought and sacrificed their lives for the freedom, welfare and progress of India. Martyrs Day, also known as "Saheed Diwas," was honored by the students of Loyola NSS Units on March 23, 2022, according to a communication received from the Ministry of Youth Affairs and Sports. Indians commemorate the freedom fighters who gave their lives for the country's independence on this day. In fond remembrance of their sacrifice and devotion, a special pledge and a rally was conducted with a total of 50+ volunteers of the Loyola college NSS unit assembled together on account of Martyrs Day.



**Beach Cleaning 2.0:** Recently, beaches in Chennai are facing solid waste pollution along the shores. To eradicate this problem, on MARCH 03<sup>rd</sup>2022, the Thiruvanmiyur Beach drive was held at Thiruvanmiyur Nagar, Chennai. This event was organized by the university of madras, Boomi NGO. In 2 hours, Loyola NSS Volunteers with 10 members had actively participated along with NGOs, other college students, Our NSS volunteers are responsibly segregated the various types of waste such as biodegradable, plastics, bottles, and hard waste. And all the collected waste has been handed over to NGOs by our volunteers. During this drive, nearly 60 tons of waste were removed from the 1 KM stretch of the beach shore.





International yoga day 2022: On behalf of international yoga, the day falls on the 21st of June of every year, the Government of India, Ministry of information & broadcasting, field Outreach Bureau – Puducherry had combined with the university of madras NSS to organize the celebration of count down day for 8th international yoga day. The count down of the 39th day had been allocated for our NSS. Which is held on the 13th of May 2022 at the university of madras. Dr. Vaneeta Aggarwal, NSS, Coordinator, University of Madras, Mr. S. Annadurai deputy director, NSS. Shri. Vijay Kamaraj Deputy Director, outreach Bureau, Puducherry, and many chief guests were gathered and made the day special. Dr. Vaneeta Aggarwal gave a brief lecture about the importance of yoga, its origin, and how it will bring change in our day-to-day life. Our volunteers of 10 students had actively participated in the program to get more knowledge about yoga and what are the benefits and to learn more about yoga. Finally, our volunteers shared their experiences.

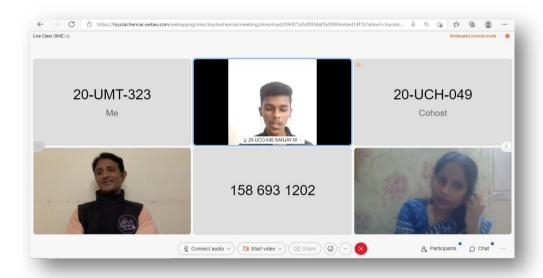


## PART - C

**Puppetry** — **The art of awareness:** To expand knowledge and raise awareness among society and students, the NSS unit at Loyola College held a World Paper Bag Day celebration It is highly important to move with paper bags, so we encouraged our volunteers to make ecofriendly paper puppets and to give a small voice over about the advantages of using paper bags and the disadvantages of plastic bags. The video was really creative and described the facts behind plastic bags, and volunteers using their talents made paper bags for the betterment of society. Plastic bags build up in large quantities at choke points such as local drainage systems, a problem that is particularly detrimental in developing countries. Out volunteers of 23 students were participated and made this event a grand success. It's our responsibility to solve these problems and leave this earth for our next generation to live healthy. "Say no to plastic and say yes to big papers"



World's Aids day-(WEBINAR): World Aids Day was commemorated on December 1st across the world. As Loyola NSS volunteers, we consider it an honor to be a part of such a prestigious public service program. The event started at 6:00 p.m. The program's Chief Guest was DR. Ashok Kumar Prabath. He is also the CEO and program director of the love spring wellness company, as well as the chief program officer of the hope foundation in India (1993-2015). The chief guest gave a brief speech about HIV/AIDS. How to prevent contagious disease through physical contact. Sexual behavior affects 99 percent of HIV patients (Body-fluids). The first cases were reported in India in 1986 and in the United States in 1982. He also left some redemption behind. Physical contact will not spread it. "Dare to reach out your hand into the darkness, to pull another hand into the light". This webinar made a wonderful day to get an opportunity to get a whole knowledge about AIDS. And this makes a hope which can make everyone aware of this catastrophe.



**Blog Writing and Interview- (WEBINAR):** The Loyola NSS unit hosted an online workshop on blog writing and communication skills for two days (05/12/2021–06/12/2021). We invited Prof. Andrew Veda, W.S. He is currently working as a junior research fellow at VIT and has also worked as an Assistant Professor at Loyola College. In order to enhance their skills, An total of 80+ students showed up in huge numbers to learn about blog writing and to improve their skills in interviews.

## On Day 1,

Professor Andrew Veda initiated his views about blog writing and explained the difference between a blog and a website. Blogging refers to writing, photography, and other media that are self-published online. He also shared the advantages of blogging, as it helps in learning new things. It brings connectivity that actually builds relationships with the reader, and it will eventually improve writing skills.

## On Day 2,

Interview skills must be learned early in a student's career. As students join the industry, they must practice interview skills in order to be successful in their job hunt. As a result, it's critical to maintain interviewing skills. The professor initiated an online workshop about interview skills to face the interview in an effective and efficient way. "Typically, candidates become apprehensive during interviews," he said. To prevent these stumbling blocks, it is preferable to concentrate on personal development abilities in order to manage and arrive at our target. He also gave advice on how to prepare for interviews and how to write a resume. Our student volunteers were extremely interactive throughout the session, clearing their doubts, engaging as a group, and enriching their knowledge of the interview as well as the purpose of the blog and its applications. And finally, we ended up with a national anthem.





**NSS Inauguration:** "The smallest act of kindness is more valuable than the most noble intention. NSS is made up of the country's young people who are eager to do something for their country. Our Loyola nss organised an inauguration event for the nss on April 26th, 2022, to emphasise the importance of nss to students. The program drew 400 NSS volunteers in total. Dr. Vaneetha Agarwal, Madras University's NSS Co-ordinator, was invited as the event's Chief Guest. The programme began with a Tamil Thai Vazhthu and the Loyola Anthem. The program began with a silambam performance after the chief guest was given momentum. The chief guest then addressed the audience and explained the significance and motto of NSS. This program prepared the students to give their utmost serving for NSS.



