

Awareness Session on Women's Health

An awareness session on women's health was organized by Forum for Loyola Women Students (FLOWS) on 3 October 2019 at Lawrence Sundaram Hall, Loyola College. Senior Consultant and high risk obstetrics and hysteroscopy surgeon of Chennai Fertility Centre, Dr. Chitra Ramanathan, was the resource person.

The session commenced with a prayer song and proceeded with the welcome address by Ms. Merlin Jancy, the President of FLOWS. Dr. Dorathy Pushparani, Vice Principal (Administration) for Shift-II, honoured the resource person Dr. Chitra Ramanathan with a memento. Ms. Blessina Joe, the Finance Secretary of FLOWS, introduced the resource person. Dr. Chitra Ramanathan gave a powerpoint presentation on female reproductive system, menstrual hygiene, polycystic ovaries and other disorders, diet chart and pregnancy planning.

In the interactive session, students raised questions on using pain killers during menstruation.. Ms. Honey, PG Coordinator of FLOWS, concluded the session with words of gratitude.