SW 1952        : DYNAMICS OF HEALTH AND BEHAVIOUR

Total Hours: 45

Credits        : 4

Objectives:

- To gain insights into the basic concepts and principles of Psychology
- To acquire knowledge of the developmental stages and personality patterns of the individual
- To develop an understanding of the concept of Health and to acquire information with regard to malnutrition, common communicable, non-communicable diseases and common mental disorders
- To develop skills to apply knowledge at the field level

UNIT I


UNIT II

Learning: Principles, Attention, Remembering, Recall, Retention and Forgetting; Intelligence; Motivation – Content and Process; Emotion; Perception – Definition, Perceptual Process, Perceptual Constancies, Influences on Perception; Attitudes – Definition, Attitude Formation, Simple vs. Multiplex Attitudes; Social Influences on Behaviour – Socialization, Aggression, Conformity, Deviance, Decision in Groups; Conflict - Goal Conflict, Role Conflict. (9 Hours)

UNIT III

Meaning of Growth and Development; Principles of Human Development; Nature vs. Nurture; Physical, Emotional, Cognitive and Social Developmental stages – a) Conception b) Infancy c) Babyhood d) Early Childhood e) Late Childhood f) Adolescence g) Late Adulthood h) Middle Age i) Old Age. (10 Hours)
UNIT IV

**Concept of Health:** Symptoms, Causes, Treatment, Prevention and Control of the following diseases: T.B, Leprosy, STD, HIV/AIDS Cholera, Typhoid, Chicken-pox, Small-pox, Malaria, Hypertension, Diabetes and Cancer; Malnutrition and Deficiency Diseases - Hungama Report; Role of a Social Worker.  

(8 Hours)

UNIT V

Concept of Normality and Abnormality; Symptoms, Causes and Treatment of Neuroses, Psychoses and Personality Disorders; Mental Retardation. Role of Social Workers in Promoting Community Mental Health Programmes.  

(8 Hours)

References:

- Coleman, Comprehensive Textbook of Abnormal Psychology