MC

Objectives:         Total Hours: 45
Credits            : 4

- To enable the student to understand the basic Principles underlying various forms of Psycho Social Intervention techniques in Clinical Settings.
- To facilitate the development of skills in Practicing various psychosocial interventions while working with patients, their families and communities.
- To initiate the student into integrating indigenous and holistic therapeutic practices in keeping with the principles and the code of ethics of Professional Intervention.

UNIT I

Clinical Setting-Definition, Types, Models of Clinical Practice, Psycho- Social Therapies-Definition, Types, Emerging Trends in Holistic treatment. (9 Hours)

UNIT II


UNIT III

Psychotherapy- Definition, Techniques - Application of CBT in Clinical Settings- Interpersonal Therapy- Psychoanalysis- Role of Social Worker. (9 Hours)

UNIT IV

Indigenous therapeutic Techniques- Yoga, Meditation, Spiritual Healing and Relaxation Therapy (9 Hours)

UNIT V

(9 Hours)

REFERENCES:

- Coleman, Comprehensive Textbook of Abnormal Psychology
- Lapworth, Phil, 2001 Integration in Counselling and Psychotherapy: Developing a personal approach, sage publications, New Delhi.
- Egan, Gerard, 2006 The skilled helper: A problem management and opportunity, Development Approach to helping, Wadsworth publishers, Boston, USA