

**LOYOLA COLLEGE (AUTONOMOUS), CHENNAI
DEPARTMENT OF COUNSELLING PSYCHOLOGY
ACTIVITY REPORT**

General Information

Type of Activity	Awareness of Suicide Prevention
Title of the Activity	World Suicide Prevention Week
Dat	14 th September, 2023
Time	1:05 - 6:30 PM
Venue	Computer Science Smart Classroom
Collaboration	Nil

Participants Profile

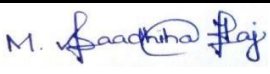
Type of Participants	Students and Faculties
No. of Participants	4 Faculties and 49 Students

Synopsis of the Activity

Highlights of the Activity	<ol style="list-style-type: none"> 1. A social media campaign was conducted throughout the week. Students spread awareness by posting the posters created by the department through social media with the caption: #Youdecide 2. A rally with banners and posters was organized on the college premises. 3. The department organized a rally for the Shift I students between 1:05 and 1:20 p.m. and for the Shift II students between 4:15-4:30 p.m. Simultaneously the department had 4 affirmation boards and stamps where the students gathered the students to write an affirmation about suicide prevention and a stamp of the campaign's logo was also used. 4. Gatekeeper training for the students and faculties of the Department of Counselling Psychology was organized and the resource person was Mr. Michael M G from the QPR Institute. During the gatekeeper training students posted a lot of questions to the speaker. In the gatekeeper training students were given pre-session feedback and post-session feedback and a lot of students felt it was beneficial. 5. The students from the Department of Counselling Psychology paired as senior-juniors were assigned to various departments to conduct a 5-minute talk on suicide prevention. 6. The posters and short film created for the social media campaign were screened in the classroom for the students of the department, followed by oath-taking where the students pledged their responsibility in suicide prevention to create hope through action.
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Key Takeaways	<ol style="list-style-type: none"> 1. Everyone needs to know that suicide is not the solution and that is not an option. 2. Suicide is preventable. 3. The importance of being there for each other. It is not necessary to provide solutions but being present for the person in need and listening to them matters. 4. The students have gained an enormous understanding of the dos and don'ts while handling clients who are suicidal and impending danger of suicide for different target populations, and ways of identifying a person who is suicidal. 5. Each person in the department and the other students who attended the awareness have rightfully understood the value of precious life and the responsibility one holds in protecting each other's lives. 6. QPR gatekeeper training has evoked more knowledge about suicide and how to prevent it from occurring.
Summary of the Activity	<ol style="list-style-type: none"> 1. Various activities were conducted to commemorate World Suicide Prevention to enhance the already existing knowledge about awareness and to enlighten more on it. 2. The tireless effort of the department made a lot of students and faculties think about suicide prevention and act wisely.
Follow-up plan	<ol style="list-style-type: none"> 1. To withhold the responsibility to strive to safeguard the lives of the people around. 2. To spread awareness among people about suicide and ways to prevent it.

Report prepared by:

Name of the Organizer	Ms. Saadhiha Taj
Designation/Title	Assistant Professor
Signature	



Deputy Principal

Vice Principal

Coordinator (i/c)

Annexure:





Attendance list

PG-1st Years

S. NO	ROLL NO	NAME
1.	23-PCP-001	CHRISTINA J
2.	23-PCP-002	CAROL A STANLEY
3.	23-PCP-003	SHEL CIA R
4.	23-PCP-004	ANNETTE NILANTHI A
5.	23-PCP-005	DEEPTHI JOYCE P
6.	23-PCP-006	ABITHA MARY A
7.	23-PCP-007	MOHITHA SHRI K V
8.	23-PCP-008	PON MARGRET
9.	23-PCP-009	NATASHA KARTHIKEYAN
10.	23-PCP-010	SWETHA P
11.	23-PCP-011	SHARON JIVANGELINE C S
12.	23-PCP-012	SREE AVANTHIKA A
13.	23-PCP-015	JERO VIVIL J
14.	23-PCP-016	ANGEL D
15.	23-PCP-017	RACHEL N
16.	23-PCP-018	APARNA A
17.	23-PCP-019	ABINAYA VP
18.	23-PCP-020	WINYA A
19.	23-PCP-021	UMA DEVI D
20.	23-PCP-022	ASWATHY JEYARAJASEKAR
21.	23-PCP-023	YASHMEETA N S
22.	23-PCP-024	SAM BHARATH R
23.	23-PCP-025	LIZA MARIAM CHERIAN

24.	23-PCP-026	ANA CHRITINE FELICITY J
25.	23-PCP-027	JOTHIKA BHARADHI K
26.	23-PCP-028	SRISHA D

PG- 2nd years

NO.	DEPT. NO.	STUDENT NAME
1.	22 -PCP-001	AROKIA SHEL CY
2.	22 -PCP-002	A PRIYADARSHINI
3.	22 -PCP-003	NIHAYA FATHIMA N
4.	22 -PCP-004	SAHAYA JEFFINA
5.	22 -PCP-007	DEBBY MERLIN SYLVIA
6.	22 -PCP-008	MIRIAM SHAVON DALY
7.	22 -PCP-009	S KARTHIKEYAN
8.	22 -PCP-010	MERLIN A
9.	22 -PCP-011	SANGEETHA
10.	22 -PCP-012	BHARATHI
11.	22 -PCP-013	MISBA
12.	22 -PCP-014	SAMANTHA JOANAH
13.	22 -PCP-015	IMMACULATE
14.	22 -PCP-017	LAKSHANA S
15.	22 -PCP-018	NIVETHA S
16	22 -PCP-020	JEEVANAR
17.	22 -PCP-021	A DIVYA
18.	22 -PCP-022	SUDHA RAJESWARI
19.	22 -PCP-023	RAHUL M

20.	22 -PCP-025	T HEMAROOPAN NADAR
21.	22 -PCP-026	JENNIFER J
22.	22 -PCP-027	GRACEMA D R
23.	22 -PCP-028	MONICA SRI I