



DEPARTMENT OF COUNSELLING PSYCHOLOGY



LOYOLA COLLEGE, CHENNAI

REPORT ON WORKSHOP

Department of Counselling Psychology

Department of Counselling Psychology

WORKSHOP ON
**PSYCHOTHERAPIES
IN COUNSELLING**

Resource Person: Mr. Stoney,
Psychotherapist & Trainer.
Director, ATMARA, Centre for
Counselling, Chennai

 21st - 25th March, 2022

 9:30 AM - 6:30 PM

 Department of Counselling Psychology

Organized by
Loyola College (Autonomous), Chennai - 600 034
Department of Counselling Psychology

TOPIC : PSYCHOTHERAPIES IN COUNSELLING

DATE : 21.05.2022 to 25.05.2022

VENUE : DEPARTMENT OF COUNSELLING PSYCHOLOGY

RESOURCE PERSON : MR. STANEY

PSYCHOTHERAPIST AND TRAINER

DIRECTOR, ATMARA

CENTER FOR COUNSELLING, CHENNAI

BENEFICIARIES: I ST YR STUDENTS OF COUNSELLING PSYCHOLOGY

NO OF BENEFICIARIES: 24

The workshop was conducted for 5 days in which, practical sessions of 11 therapies were taught. A practical demo of each therapy was shown to the students prior to practical sessions for better understanding. The students actively volunteered for this practical demo. The afternoon sessions started with games for the active participation of students in further sessions. After each therapy, a time for feedback and discussion on experience was provided, so that the students could clarify their doubts and difficulties during the counselling practice.

The students had experiential learning of the psychotherapies and also practised the same . The feedbacks reported positive learning and appreciation towards the practical learning of the therapies.

DAY 1



DAY 2





DAY 3





DAY 4



DAY 5





