



LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034

M.Sc. DEGREE EXAMINATION – COUNSELLING PSYCHOLOGY

FIRST SEMESTER – NOVEMBER 2022

PCP 1601 – EDUCATIONAL COUNSELLING

Date: 02-12-2022

Dept. No.

Max. : 100 Marks

Time: 01:00 PM - 04:00 PM

PART – A

Q. No

Answer any FOUR questions

(4 x 5 = 20 Marks)

- 1 List the features of guidance.
- 2 Illustrate Marcia's identity development theory with examples.
- 3 What is school refusal? Enumerate its short-term and long-term consequences.
- 4 Explain Jacobson's Progressive Muscle Relaxation technique.
- 5 Under what circumstances can a counsellor break confidentiality?

PART – B

Answer any FOUR questions

(4 x 10 = 40 Marks)

- 6 What are the functions of educational guidance?
- 7 Explain ways to guide gifted children.
- 8 Construct a training to improve decision making skills.
- 9 Justify the need for counselling services in 21st century after pandemic.
- 10 How would you plan a treatment the following case?

A 16-year-old adolescent male was brought to the counsellor with a complaint of consuming alcohol in school. There was no history of stress, tension or depressive thoughts. There was a significant family history of alcohol dependence in father and paternal uncles. Though the adolescent was identified to be in a conservative religious community, he has specifically developed friendships with adult offenders. The adolescent does not express feeling bad for being intoxicated in school.

PART – C

Answer any TWO questions

(2 x 20 = 40 Marks)

- 11 On what criteria can a child be diagnosed of Learning Disability? How to guide a child diagnosed with dyslexia in school setting?
- 12 Discuss guidance strategies for developing self-confidence and procrastination.
- 13 What are the ethical responsibilities in school counselling?

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