

LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034**B.Voc. DEGREE EXAMINATION – 3D ANIMATION**FIRST SEMESTER – **NOVEMBER 2022****UDJ 1801 – LEADERSHIP SKILLS - I**

Date: 01-12-2022

Dept. No.

Max. : 100 Marks

Time: 01:00 PM - 04:00 PM

SECTION – A**Answer ALL the Questions**

1. Definitions	(5 x 1 = 5)
a) Dreaming big	K1 CO1
b) Ideation.	K1 CO1
c) Written goal setting	K1 CO1
d) Listening skills	K1 CO1
e) Failure as the stepping stone to success	K1 CO1
2. Answer the following	(5 x 1 = 5)
a) Recognize story telling as a form of effective communication	K1 CO1
b) Examine any two benefits of managing time effectively.	K1 CO1
c) Recall synergy	K1 CO1
d) Define the attitude factor	K1 CO1
e) Describe dream diary	K1 CO1
3. True or False	(5 x 1 = 5)
a) Thinking win-win is a character-based code for human interaction and collaboration.	K2 CO1
b) Positive thinking is the practice of focusing on the good in certain selected situations.	K2 CO1
c) Visualization is a useful technique that helps you reach your goals and live your dreams. It works by getting your mind and body ready for what you want to happen – and, just like exercise, the more you do it, the stronger it becomes.	K2 CO1
d) A challenge zone is a psychological state in which things feel familiar to a person and they are at ease and in control of their environment, experiencing low levels of anxiety and stress.	K2 CO1
e) Self-Mastery is the ability to recognize, understand, control, and make the most out of your physical, mental, emotional, and spiritual self.	K2 CO1
4. Fill in the blanks	(5 x 1 = 5)
a) _____ memory refers to the information processed by the individual in a short period of time. Long-term memory allows us to store information for long periods of time.	K2 CO1
b) Self-esteem encompasses _____ about oneself (for example, "I am loved", "I am worthy")	K2 CO1
c) _____ skills are the ability to identify problems, brainstorm and analyze answers, and implement the best solutions.	K2 CO1
d) Being is easier than _____. Unlike _____, being doesn't require any	K2 CO1

special knowledge. All that needs to be done is just let go, and relax, the rest will come.

e) Personality development helps an individual to gain _____. K2 CO1

SECTION – B

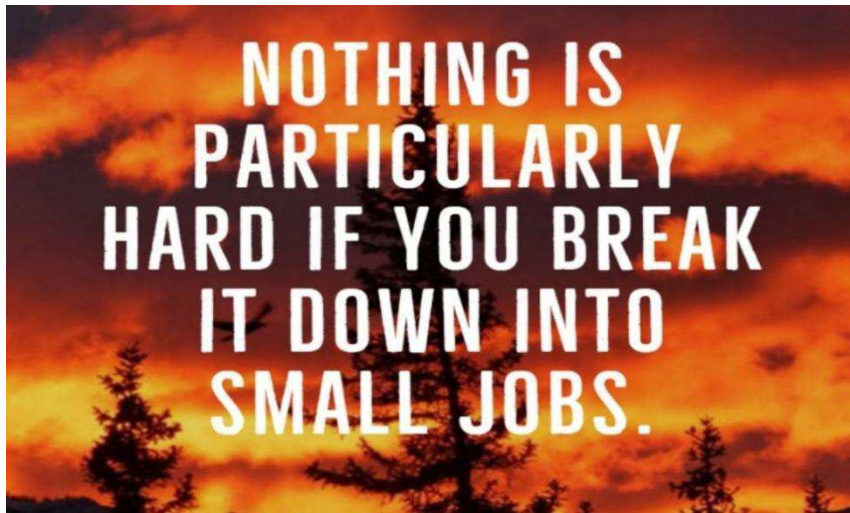
Answer any TWO of the following in 100 words (2 x 10 = 20)

- 5. Sketch the life of a successful leader who has inspired you the most. K3 CO2
- 6. Discover the impact of NLP (neuro linguistic programming) on your personal and professional life K3 CO2
- 7. Interpret the importance of self-discipline. K3 CO2
- 8. Illustrate the importance of entrepreneurship K3 CO2

SECTION – C

Answer any TWO of the following in 100 words (2 x 10 = 20)

- 9. Managing time seems to be a challenging task for many young people today. Survey the impact of poor time management on young people and design a practical way for learning the skill. K4 CO3
- 10. Analyze the following motivational quote. K4 CO3



- 11. Appraise the process of thought to destiny. K4 CO3
- 12. Explain with example the fact that life is a journey from the ordinary to the extraordinary K4 CO3

SECTION – D

Answer any ONE of the following in 250 words (1 x 20 = 20)

- 13. Evaluate Stephen Covey's 7 habits of highly effective people. K5 CO4
- 14. Judge the qualities that effectuate a person to be a role model. K5 CO4

SECTION – E

Answer any ONE of the following in 250 words (1 x 20 = 20)

- 15. Formulate the different ways to enhance your self-esteem. K6 CO5
- 16. Write down the analogy of the human mind and body to computer hardware and software. K6 CO5

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