



LOYOLA COLLEGE, CHENNAI-600 034

RESOURCE CENTRE FOR DIFFIDENTLY ABLED



Programme	:	Introductory Session on Physical Literacy and its Importance for Differently Abled People
Date	:	19-08-2025
Time	:	12.30 pm - 02.00 pm
Venue	:	RCDA (Room No. CEG-14) Commerce and Economics Block Loyola College, Chennai-34

REPORT

Objective

To impart the knowledge on physical literacy and its importance to the students of RCDA.

Summary

Welcome address was delivered by Dr. S. Iruthaya Raj, Director RCDA. In the address, he extended a heartfelt greeting to Rev Fr. Principal, Chief Guest Mr. Sebastian Francis, the General Secretary and Technical Director Tamil Nadu Blind Food ball Association, Chennai, and the Guest of Honour Dr. M. George Johnson, Assistant Controller of Examinations & Associate Professor, Department of Chemistry, Loyola College, Chennai. The coordinators of RCDA, organizers of RCDA and the students of RCDA were cordially welcomed by the Director.

In the felicitation note, Rev. Fr. Principal expressed deep appreciation for the Guest Speaker's valuable contribution and achievements. The gathering was reminded of the speaker's inspiring journey and dedication, which made the occasion more meaningful. The Principal also commended the service of the Guest of Honour Dr. M. George Johnson.

The chief guest Mr. Sebastian Francis was introduced by Mr. Vanamamalai Magesh, the Cultural Secretary of RCDA association, and in his address the Chief Guest spoke on the importance of physical fitness for differently abled students, emphasizing that fitness is not just about physical strength but also about building confidence, independence, and overall well-being. The address highlighted various adaptive exercises, recreational activities, and inclusive sports that will help differently abled students enhance mobility and lead a healthier lifestyle. The speaker also stressed the role of teachers, parents, and institutions in encouraging participation and creating a supportive environment for differently abled people. The audience was deeply inspired by the motivating words, which reflected compassion and practical insights. The address not only created awareness but also instilled a sense of responsibility in everyone to promote fitness opportunities for differently abled students.

Guest of Honour, Dr. M. George Johnson Assistant Controller of Examinations & Associate Professor Department of Chemistry, Loyola College, Chennai was introduced by Mr. K. Shakthi Kumar, the General Secretary of RCDA Association. In his address, Dr. Johnson remembered his journey in Loyola and he conveyed a message that serving for differently abled students is a blessing. After his motivational talk to the differently-abled students, he contributed an amount of Rs. 50,000/- to the Principal towards merit cum

means scholarship exclusively for RCDA students in his name and in the memory of his daughter, late G. Jennifer Cynthia (Special Child).

The ceremony concluded with a vote of thanks delivered by Mr. Kishore, the Sports Secretary of RCDA Association. This session was a grand success, leaving the audience inspired and enthusiastic. The lunch sponsored by Dr. George Johnson was then served to all the participants and guests.

About the Resource person

Mr. Francis Sebastian BPE, MSc, PGDC SPORTS MANAGEMENT has worked all over India and abroad for more than four decades as Athletic director, Head of physical education, Multi sports coach, Sports events manager etc. His focus currently is on helping differently abled persons, especially the visually impaired and intellectual impaired or have other challenges to discover the joy of movement and the confidence that comes with it. He's India's Master Trainer for the international Olympic committees, Olympic Values Education Program, and a Trainer for the Indian Physical Literacy Association (IPLA), and leads the Tamil Nadu Blind Football Association. He believes that every person, no matter their ability, deserves the chance to play, learn, and grow through sport.



About the Guest of Honour

Dr. M. George Johnson joined Loyola College as an Assistant Professor in 1990 after completing his M.Sc. and obtaining a CSIR Fellowship. He served as the Assistant Director of Loyola Hostels from 1990 to 1992 and was also an office bearer of the Loyola College Teaching Staff Association. Under the Faculty Improvement Programme (FIP), he earned his doctoral degree in Chemistry in 2012. With 10 publications in international journals, he has actively organized and participated in numerous national and international seminars and conferences. As Head of the Department of Chemistry from 2015 to 2020, he played a vital role in redesigning the U.G. and P.G. chemistry syllabi. During the COVID 19 pandemic, he prepared and distributed around 50 litres of sanitizer to support nonteaching staff working on campus. He has also served as a subject expert in faculty recruitment for several colleges and currently holds the position of Assistant Controller of Examinations at Loyola College. Passionate about teaching and mentoring students in topics like Quantum Chemistry, Thermodynamics, Kinetics, Spectroscopy, and Electrochemistry, he firmly believes that cultivating a daily reading habit keeps a teacher intellectually young.



Patrons of the College

- | | |
|-----------------------------------|-----------------------------|
| • Rev. Dr. Antony Robinson SJ | Rector |
| • Rev. Dr. D. Thomas Alexander SJ | Secretary and Correspondent |
| • Rev. Dr. A. Louis Arockiaraj SJ | Principal |
| • Mr. L. Joseph Arockiasmy | Deputy Principal |

Staff members

- Dr. S. Iruthaya Raj, Director
- Dr. S. Emaldarani, Coordinator (Shift-I)
- Dr. M. Packiyaraj, Coordinator (Shift-II)
- Mr. D. Premanand, Music Teacher and Organizer
- Mr. G. Arul Jegan, Computer Instructor and Organizer

Special Secretary of Loyola Students Council

Mr. S. Musthafa Hussnain

Office bearers

- Mr. K. Shakthi Kumar, General Secretary
- Mr. R. Vanamamalai Magesh, Cultural Secretary
- Mr. Kishore, Sports Secretary
- Mr. S. Harish, Placement Secretary
- Mr. K. Kaviyarasu, Logistics Secretary
- Ms. L. Vanitha, PRO Secretary

Participants

The following 40 members participated in the workshop.

- | | |
|----------------|---------------------------|
| 1. 25-UTL-027 | Mr. Kewin S |
| 2. 25-UEL-014 | Mr. Mohamed Aflal |
| 3. 25-UEL-035 | Mr. Naveen D |
| 4. 25-UEL-085 | Mr. Vijay Bharath S |
| 5. 25-UEL-086 | Mr. Sriram S |
| 6. 25-UHT-015 | Mr. Sai Avinash J |
| 7. 25-UHT-017 | Mr. Jayakanth CH V N S |
| 8. 25-UCH-042 | Mr. De Britto Ebinesh A J |
| 9. 24-UEL-012 | Mr. Dhanush M |
| 10. 24-UEL-066 | Mr. Kathir Kaman K |
| 11. 24-UEL-086 | Mr. Kishore |
| 12. 24-UTL-028 | Mr. Ajithmathew S |
| 13. 24-UTL-029 | Mr. Anbu Selvam V |
| 14. 24-UHT-058 | Mr. Stephen Raj S |
| 15. 23-UTL-012 | Mr. Ragul S |
| 16. 23-UTL-002 | Mr. Madhavan V |
| 17. 23-UTL-079 | Mr. Premkumar D |
| 18. 23-UEL-001 | Mr. Vanamamalai Magesh R |
| 19. 23-UEL-064 | Mr. Raymond Richard M |
| 20. 23-UEL-073 | Mr. Musthafa Hussnain S |
| 21. 23-UHT-068 | Mr. Harish S |
| 22. 23-UCO-101 | Mr. Joel Malvin J |
| 23. 25-PCO-016 | Mr. Murugesan G |
| 24. 25-PSW-031 | Ms. Merlien J Dayana |
| 25. 24-PEL-018 | Mr. Balaraman S |
| 26. 24-PEL-032 | Mr. Yuvaneshwar G |
| 27. 24-PEL-034 | Mr. Shakthi Kumar K |
| 28. 25-UEL-101 | Mr. Sam Alvin Kenneth M Y |
| 29. 25-UHT-244 | Mr. Mohanraaj M |
| 30. 25-UEC-233 | Mr. Gokul G |
| 31. 25-UEC-302 | Mr. Jhaswanth B |

32. 25-UEC-326	Mr. Mithinraj S
33. 25-UEC-369	Mr. Mohiit K
34. 25-UCO-248	Mr. Varun Kumar K S
35. 25-UFR-002	Ms. Angelin Kurian
36. 25-UMM-002	Ms. Hashvika Mohan
37. 25-UAF-058	Mr. Mario Johann J
38. 24-UCO-518	Mr. Arul Joel T
39. 25-PHT-002	Ms. Ranga Varshini J
40. 24-PHT-026	Mr. Rabin Das

Programme outcome

Students of RCDA will gain some knowledge and skills on physical literacy, and in turn will involve in physical activities and sports to keep their body fit and healthy.

Photo gallery



RCDA Choir for Invocation



Welcome address by Dr. S. Iruthaya Raj, Director of RCDA



Felicitatio to the Resource person by the Principal Rev. Dr. A. Louis Arockiaraj SJ



Felicitatio to the Resource person by the Coordinator of RCDA, Dr. Emaldarani



Felicitation to the Guest of Honour by the Director of RCDA Dr. S. Iruthaya Raj



Felicitation to the Guest of Honour by the Principal Rev. Dr. A. Louis Arockiaraj SJ



Contribution for Merit cum means scholarship by Dr. M. George Johnson



Felicitation by Rev. Dr. A. Louis Arockiaraj, the Principal



Introduction to the chief guest by Mr. Vanamamalai Magesh



Session on Physical literacy by Mr. Francis Sebastian, the chief guest



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Practical session



Introduction to the guest of honour by Mr. Shakthi Kumar, the General Secretary



Special address by the Guest of Honour Dr. George Johnson



Vote of thanks by Mr. Kishore, Sports Secretary



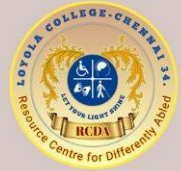
Participants



Group photo



Lunch



LOYOLA COLLEGE (AUTONOMOUS) CHENNAI-600034

RESOURCE CENTRE FOR DIFFERENTLY ABLED

RCDA ASSOCIATION (2025-2026)

Cordially invites you to the

Introductory Session on



**PHYSICAL LITERACY AND ITS IMPORTANCE
FOR DIFFERENTLY ABLED PEOPLE**



Guest Speaker

Mr. Sebastian Francis

General Secretary
and Technical Director
Tamilnadu Blind Football Association
Chennai-600017



Patrons

Rev. Dr. Antony Robinson SJ
(Rector)

Rev. Dr. D. Thomas Alexander SJ
(Secretary & Correspondent)

Rev. Dr. A. Louis Arockiaraj SJ
(Principal)

Mr. L. Joseph Arockiasamy
(Deputy Principal)

Guest of Honour

Dr. M. George Johnson

Assistant Controller of Examinations
Associate Professor
Department of Chemistry
Loyola College (Autonomous)
Chennai-600034



19th August 2025

12.30 pm - 02.00 pm

RCDA (CEG-14)

Welcoming you all

Dr. S. Iruthaya Raj
(Director - RCDA)

Dr. S. Emaldarani
(Coordinator - RCDA)

Mr. K. Shakthi Kumar
(General Secretary - RCDA Association)



Dr. M. Packiaraj
(Coordinator - RCDA)

Mr. S. Musthafa Hussnain
(Special Secretary - LSC)

PROGRAMME SCHEDULE

- **Invocation** - RCDA Choir
- **Welcome Address** - Dr. S. Iruthaya Raj, Director, RCDA
- **Honouring the Guest Speaker & the Guest of Honour**
- **Felicitation**
- **Introducing the Guest of Honour** - Mr. K. Shakthi Kumar, General Secretary
- **Special Address** - Dr. M. George Johnson, Guest of Honour
- **Introducing the Chief Guest** - Mr. Vanamamalai Magesh, Cultural Secretary
- **Guest Speech** - Mr. Sebastian Francis
- **Vote of Thanks** - Mr. S. Kishore, Sports Secretary

Staff Members

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(Computer Instructor & Organizer)

Mr. D. Premanand
(Music Teacher & Organizer)

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