

THEATRE FOR TRANSFORMATION – REPORT

Date: 14th to 17th July 2015

Place: AICUF House, Residential programme for four days

Trainer : Sr. Claire and team

Introduction

The programme started with an inaugural session at 9:30 am with prayer song. The program started with a small introduction about on “Theatre for Transformation” (TFT) is a global concept that promotes the use of theatre and its various indigenous forms as a tool to spread awareness about issues of oppression, discrimination, health and education among others. There are many different forms of theatre based on the purpose for which the art form is pursued. “Theatre based on the purpose for which the art form is pursued.

TFT is a participatory process that allows students to write their own story (a largely neglected portion of mainstream history), where more often than not, the audience member, becomes the performer. Furthermore TFT aims to enhance the personalities of students from underprivileged communities, create think tanks among students, which in turn will raise a voice, louder and more powerful than, before against all kinds’ of oppression and discrimination. TFT seeks to make the subaltern a visible, acknowledged and thriving partner in society. Followed by Principal Rev. Fr. G Joseph Antony Samy SJ, explained about caste system and the various superstitious customs surrounding the purity of an Individual lineage has led to many an untold struggle in our country, followed by Dr. G. Gladston Xavier, Head, Department of Social Work explained about the importance of TFT and its need at the society, He further explained about that aspirations for human dignity, equanimity in a multi-cultural neighborhood, the abolishment of outdated customs and rituals, and more recently, fairer distribution of resources and opportunities are among the reasons we need transformational theatre today among students.

Date : 14, July 2015, Session: 1, Day 1

Ice breaking Session - Exercise 1.1 Self Introduction

The trainer Mr. Karunamoorthy introduce himself to the students and followed by then he requested students to introduce about each other to trainer. The trainer asked the students to sit in

a large circle and tell their name and give a brief introduction of who they are and what they are interested in. After a very participant finishes their introduction, the rest will clap, as a gesture of welcoming them into the group.

Session: 2, Day 1

Trust- building Exercise

The main objective of the session is to test their ability to trust one another. All the participants form pairs with an assigned number 1 and number 2. In the first stage of the activity, number 1 of every pair becomes blind using a blindfold. They are led for a walk within the premises by their number 2 using no other means of communication except for signals. Trust is a tricky thing. It is usually considered to be hard-earned honor and yet, we all need to trust and be trusted at work, in school, at home in all spheres of life.

Session: 3, Day 1

Leap of Faith

The session was started with instruction on developing trust, intimacy and coordination among a group. The participants were divided and spread out within the room. Each group is positioned such that one person stands with eyes closed in the middle, while the other four surround them like a square around a central dot. The middle person will then fall to their right, left and back, each time rescued by the respective persons standing in each direction. Once this round is complete, the next person from the team will stand in the middle with eyes closed and repeat the activity.

Session 4, Day 1

Mobility oriented games

The purpose of the session was to learn how to enact various animal voices and movements. In street theatre, there is minimal scope for using props. Therefore it is important to learn how to accurately reproduce certain natural sounds, gestures and calls. The trainer asked the participants to stay in the circle and explained to them that when the signal is given, they will each enact an animal of their choice and move around the place as if they were that animal. They

would have used gestures and voice to enact said animal. The first day ended with the feedback from the students and comments from the trainer.

Date : 15, July 2015

Session: 1, Day 2

The day was started with physical exercise and breathing exercise. Firstly, the students were invited to form a circle to carry out the physical activity. Further, the movement exercise is not merely an activity which had been taught by a specialist performer Mr. Karunamoorthy. The objectives of the session were to improve Self-respect, self-esteem and confidence among the participants. It can also be used as an effective tool for students to gain physical, emotional, mental well-being in their lives. Secondly, participants asked to write positives and negatives, which they can find out area of improvement with ease that they should work on their life, especially in academics. As a result the students would be benefited with how to develop self-respect and confident in all levels of life.

Activities

- The participants were asked to carry out different breath control exercise.
- Voice modulation exercises were performed by the participants.
- The movement exercises were executed by students.
- To write down the area of improvement in life

Session: 2, Day 2

Firstly, the session was commenced with thought provoking songs to the participants, so that the students may use songs as a medium to spread a message. Secondly, the students presented the previous day documentation to the trainer. Followed by, the students were provided with social concerns and issues and narrate the story telling through skit, which students have understood from the materials. Finally, the trainer provided his feedback and individual evaluation to the student. As a result they can address and provide solutions to the social issues.

Activities

- Thought provoking songs were sung by students
- The students were divided into 15 groups and 2 persons in a group

Session: 3, Day 2

Firstly, the session was commenced with puppet training. The trainer and his team enacted puppet show on the topic of degradable waste and non-degradable waste, especially on types of

plastics. Secondly, the groups requested to perform on five different themes, such as, Mobile phone issues, Unemployment of youth, Social discrimination, Dowry and Benefits of SC/ ST hostel. Meanwhile, the groups requested to evaluate other groups' performance on certain criteria, which was given by trainer. Finally the trainer provided his feedback and also compared his evaluation with each group.

Activities

- The trainer and his team performed puppet show to the participants.
- Puppet show was performed by the students on different themes.

Session: 4, Day 3

The trainer gave skit materials to the students. The five groups namely Savithiri, Kalpana Chawala, Jhansi Rani, Thillaiyadi Vallaiammai, and Madam Curie were requested to perform in English as per the instruction given by the trainer. The trainer gave assessment criteria that the group should be evaluated by the Juries. Finally the trainer had given his feedback and evaluation on each group. At last the students were requested to provide their feedback, comments and learning on the day.

Activities

- All the five teams were requested to perform skit.

Date : 16, July 2019

Session: 1, Day 3

The day was started with physical exercise and breathing exercise. Firstly, the students were invited to form a circle to carry out the physical activity. The trainer requested the participants to carry out the physical exercise, breathing exercise and voice modulation exercise. As a result the students would be benefited with superior body language, voice modulation. In addition, the participants would gain physical, emotional, mental well being in their lives.

Activities

- The Students were asked to carry out different breath control exercise.
- Voice modulation exercises were performed by the participants.
- The movement exercises were executed by students.

Session: 2, Day 3

The session was started with practicing for valedictory functions. The trainer divided the students into five groups and requested them to perform the activities, which they have learnt for

last 3 days. The valedictory function was planned as Rally, Parai, Oyil attam, Skit, Kaliyal song, Puppet show, Karakkam and concluded with vote of thanks by the students

The trainer and his team gave a lot of inputs to students on performance. After couple of practice sessions the students corrected their mistakes in performance. Students seemed confident and energetic to perform in front of chief guest.

Conclusion

The students invited the chief guest Dr. Gladston Xavier, Head, Department of Social work through procession of rally. Followed by then Parai attam was performed by the students and Parai attam is consider one of the oldest traditional dance. In olden days, parai was used for multiple reasons, ranging from warning people about the upcoming war, requesting the civilians to leave the battlefield, announcing victory or defeat, stopping a breach of water body, gathering farmers for farming activities, warning the wild animals about people's presence, during festivals, wedding, celebrations, worship of nature. Parai Attam has been an instrumental part of all the celebrations in Tamil culture.

The students' second performance was awareness creation on planting trees. They have clearly enacted why we should plant trees because it gives us oxygen, stabilize the soil and give life to the world's wildlife. In addition, it purifies the air, conserves water, helps in climate control, preserves soil and benefits the overall environment. Street play filled with dances, movements, expressions, facts, and benefits of different trees. Lastly, what happens if we cut down trees and its impact to our mother earth? The plays were very informative and delivered a key message to the audience and also think and introspect.

List of Students Participated

Shift One

Sl.No.	Dept. No.	Student Name
1	15-PSW-01	LOURDU SELVI A
2	15-PSW-02	SOLOMON V
3	15-PSW-03	HEPHZIBAH
4	15-PSW-04	PACKIARAJ
5	15-PSW-05	MATILDA DOROTHY D
6	15-PSW-06	MOWNICA T
7	15-PSW-07	V MARKOES
8	15-PSW-08	P.GURESHWAR
9	15-PSW-09	ANNE VINNARASI J
10	15-PSW-10	JOSEPH MICHAEL M
11	15-PSW-11	RANJITH MATHEW M
12	15-PSW-12	A NANDHINI
13	15-PSW-13	RASMI U
14	15-PSW-15	D MOIEESON THAIRIYAM
15	15-PSW-17	PARVATHI NAIR
16	15-PSW-19	PAWAN BAXLA
17	15-PSW-20	STEPHEN LALRUATSAKA
18	15-PSW-21	VICTOR RHENIOUS SAMUEL S
19	15-PSW-22	ASHA C
20	15-PSW-23	P DHIVYA BHARATHI
21	15-PSW-24	VINITHA.R
22	15-PSW-25	L JEBAMANI
23	15-PSW-26	REENA FRANCISCA.M
24	15-PSW-27	FIO SANDRIA.M
25	15-PSW-28	P.ASHWIN KUMAR
26	15-PSW-29	AROCKIA DILIP E
27	15-PSW-30	P RAMYA
28	15-PSW-31	R.SOWMYA
29	15-PSW-32	A NANCY
30	15-PSW-33	SAGAYA SATHISH R
31	15-PSW-34	R BHAVANI
32	15-PSW-35	JUBANYLLA GABRIELLA BANG
33	15-PSW-36	M ARUN RAJA
34	15-PSW-37	AJANTH RAYAN R
35	15-PSW-38	CLINTON JOSEPH A

36	15-PSW-39	DIPIKA MINJ
37	15-PSW-40	S.THEODER STEPHEN RAJ
38	15-PSW-41	M.BENEDICT PROSPER
39	15-PSW-42	KEERTHIKA VASAN G
40	15-PSW-43	DEVA SUNDARA RAJ M N P
41	15-PSW-44	PRAGATHEESVARAN RONALD SUJEEVAN

Shift Two

S.NO	DEPT. NO.	NAME OF THE STUDENT
1	15-PSW-51	REENA C
2	15-PSW-52	LAWRENCE NELSON P
3	15-PSW-53	HARIDHRRRA V
4	15-PSW-54	MARIA LEONI S
5	15-PSW-55	FRANCIS XAVIER C
6	15-PSW-56	AMALA ALYS J
7	15-PSW-57	SRIHARI NARAYANAN
8	15-PSW-58	ANISHA MARY SURIN
9	15-PSW-59	SEEMA R
10	15-PSW-60	JENNIFER LEONA FERNANDEZ J
11	15-PSW-61	SIMONRAJ S
12	15-PSW-62	LAKSHMI PRIYA M
13	15-PSW-63	VIMAL CLINTON
14	15-PSW-64	NIHAL AHAMED S
15	15-PSW-65	SUSHITHA KIRUBAKARAN
16	15-PSW-66	PRINCE ADIKALA RAJ D
17	15-PSW-67	EDIDH BROWNEL P U
18	15-PSW-68	MISHAL CHRYSOLITE J
19	15-PSW-69	RESHMA VIVIENNE
20	15-PSW-70	MEERA R
21	15-PSW-71	SAFIYA BANU M
22	15-PSW-72	AGNES SCHOLASTICA R
23	15-PSW-73	JESSY RESHMA J
24	15-PSW-74	KURALARASAN S

25	15-PSW-75	STEPHEN RAJ G
26	15-PSW-76	POOJA PRIYADARSHINI A R
27	15-PSW-77	SOPHIA VANESSA A
28	15-PSW-78	PRIYADHARSHNI R
29	15-PSW-79	SUSILA M
30	15-PSW-80	ALFRED JEBA KUMAR A
31	15-PSW-81	GEORGE AUGUSIN A
32	15-PSW-82	NISHANTH L
33	15-PSW-83	SABARI PRIYA P S
34	15-PSW-84	ANURAG BILUNG
35	15-PSW-85	AMALA DEEPTHI A
36	15-PSW-86	NANCY CLAIRRE A
37	15-PSW-87	NIRANJANA RAJALAKSHMI CHATER
38	15-PSW-88	PAVITHRA B

Annexure 2 – Certificate

