ESPERANZA

REPORT 2021-2022



Loyola Women's Hostel Chennai-600034

ANNUAL ACTIVITIES

The Loyola Women's hostel is situated in the lush green premises of the Loyola College campus. The Loyola women's hostel witnessed its inception in the year 2011 and is now a home to more than 500 students from the educational units of Loyola College of Arts and Science (LCAS), Loyola Institute of Business Administration (LIBA), Loyola College of Education (LCE) and Loyola ICAM College of Engineering and Technology (LICET).

The hostel endeavors to work out its mission of providing holistic formation to all the women students in a nurturing, dynamic and multicultural environment and encourages its inmates to be morally upright, socially concerned and physically and mentally fit citizens.

Students from diverse cultures and traditions live together in harmony and solidarity, expressing and imbibing the true spirit of sisterhood. Every inmate upholds and practices the vision with which the hostel was built: to create tomorrow's leaders who transform and empower the society by letting their light shine.

The hostel administration is chiefly managed by Rev. Sr. Alice Yeddanapalli. L. SCSA, and assisted by Sr.Reesha, Ms.Vallinayagi, Ms. Tisha Varghese and Ms.Ajitha. The administrators are supported by a team of student-office bearers: Ms.Antoni Snekha A (President), Ms. Riancy Ruth BJ(Vice President), Ms.Amala Benciya Mary (Joint Secretary), Ms Trintha S Vasn (General Secretary), Ms.Nilofar F (Cultural Secretary), Ms.Thendral S (Event Secretary), Ms.Beny Jermila S (Sports Secretary), Ms. Anie Preethi MR (Discipline Secretary). The administration of Loyola Women's Hostel earnestly endeavors to cultivate the spirit of fellowship and loyalty.

HOSTEL COMMITTEES

The Loyola women's hostel comprises of a set of ten committees namely the Event management committee, the Attendance committee, Mess committee, Liturgy and Choir committee, Cultural committee, Sports committee, Magazine committee, Decoration committee, Discipline committee and Tech-Sparklers committee to ensure unity, embrace diversity and inculcate the feeling of oneness among the students through various activities and programs. All the inmates of the hostel belonging to the different units of Loyola enroll in various committees which work towards the seamless functioning of the hostel. These committees along with the administrators are the painters of the magnificent picture - The Loyola Women's Hostel.





EVENT ORGANISING COMMITTEE

The Event Organizing committee is the pillar that holds all the committees together. It is the responsibility of the organizing committee to bring all the student activities together. They collaborate with the union bearers and plan events, thus providing opportunities to the inmates to bring out their innate talents. The success of this committee lies in their innovative and creative



endeavors through which they help their fellow mates shine.

ATTENDANCE CCOMMITTE

The attendance committee is adorned with the utmost responsibility in terms of the safety of the hostel inmates. With diligence and great enthusiasm, the attendance committee makes it their sole duty to record the presence of the inmates inside the hostel before the curfew. The committee takes it upon themselves to record and submit the details regarding the number of students present in the

hostel and the number of students away from the hostel to the Director and the Assistant Directors every night after the night prayer.



MESS COMMITTEE

Catering to the basic requirement of food, the Mess committee helps prepare the menu and give periodic suggestions regarding food. The committee is concerned with offering good and healthy food in accordance with the desire of the inmates. Their guiding principle is to fulfill the expectations of the majority, keeping in mind the health of the students.

LITURGY AND CHOIR COMMITTEE

The liturgy and prayer committee is concerned with the spiritual aspect of the inmates. It ensures that the inmates are provided with the opportunity to deepen their faith by embracing diverse modes of prayer and worship. Thanks to their efforts, the hostellers wake up every day listening to heavenly hymns and inspirational messages. Rosary in different languages is conducted every day for catholic students while the students belonging to other denominations are engaged in ethical and moral classes. On every Tuesdays, all Catholics gather in front of the Grotto near the church for common rosary and litany along with the inmates of the Loyola Men's hostel. The choir committee plays a pivotal role in relentlessly rendering its services for all hostel events and Holy mass.



CULTURAL COMMITTEE

The objective of the cultural committee is to bring into spotlight the latent talents of the students. It plans and schedules on and off stage competitions and events for the academic year, thus instilling a deep interest for extra-curricular activities and performing arts into the minds of the inmates.



SPORTS COMMITTEE

The role of the sports committee is not to run the club, but to ensure that the club is run. Propagating the message that a sound mind resides in a sound body, the sports committee is responsible for the promotion and pursuance of physical sports activities, thus motivating and inspiring students to maintain physical well-being, and also enhance the true spirit of sportsmanship.



MAGAZINE COMMITTEE



The magazine committee aims to inform, inspire, entertain and create awareness on a number of current social issues to a diverse readership. Based on the varied themes such as spreading hope, extending a helping hand and creating social change, the committee encouraged the hostellers to come up with creative essays, poems, photographs and paintings, thus making the magazine a student-led publication that is written by the students for the students. The hostel magazine 'Esperanza' is the brain child of the magazine committee.

DECORATION COMMITTEE

The decoration committee is a group of creative geniuses who puts the vision of an event to life by designing its layout and decoration based on the overall theme. The committee lights up all the special occasions in the hostel by drawing rangoli and kolam for the hostel Mass, St Ignatius Feast Day Mass, Onam, Diwali, Corpus Christi, Christmas & Pongal & Feast of Our Lady of Lourdes processions & Hostel Day.



DISCIPLINE AND CLEANLINESS COMMITTEE

The role of the discipline and the cleanliness committee is to ensure a peaceful ambiance in the hostel premises. While the discipline committee works to achieve punctuality and keeping up with the code of conduct of the hostel, the cleanliness committee ensures the hygiene and tidiness of the rooms and the entire hostel campus.



TECH-SPARKLERS COMMITTEE

The tech sparklers extend their hands in providing technical support for the events held in the hostel, from shooting videos, clicking photographs, operating audio systems, preparing logos, invitation cards and creating certificate profile.



EVENTS OF THE YEAR

Loyola Women's Hostel celebrates Carpe Diem (Freshers Day)

The Loyola Women's Hostel (LWH) celebrated its Freshers Day 2021 on the 1st of November, 2021 at 8:00 PM in the newly constructed terrace of the hotel. The I PG, I UG and II UG students, the freshers, were given a warm and fitting welcome by the senior students. About 257 students were present on the occasion. The theme for the freshers day was Carpe Diem meaning 'seize the day'. Each fresher was welcomed with an inspirational quote inscribed on a small scroll. The celebration began with an invocation to the Almighty. Then the elected representatives of the hostel officially took charge. The Director, Rev. Sr Alice, congratulated the representatives and urged them to carry out their responsibilities with true commitment and compassion and to facilitate smooth functioning of the hostel by being role models to the incoming students. She appreciated the unity among the students and advised them to channelize their creative talents and energies productively and in the right direction. Following the election of representatives, several ice breaking games were organized for the freshers followed by cultural programs that included folk dance, bharatnatyam, fusion dance, group song, western dance, multicultural dance, solo song and contemporary dance. The senior students exhibited their talents in an exuberant manner. The fresher's day culminated with a DJ night.



LUCERO '21

LUCERO '21 - Talent Day for the freshers - was organized on the 15th of November 2021. The inmates belonging to the different units of Loyola organised the event and also participated enthusiastically. 221 students gathered for the event around 8:00 pm and they were welcomed with inspirational quotes. Following an invocation to the Almighty, Ms Swastika R, II UG Representative welcomed the gathering. The celebration witnessed a variety of cultural events that consisted of classical dance, western dance, poetry recitation, group singing, free style, solo singing, fusion dance and folk dance of about 121 students.. The event was presided over by the Director and the Assistant Directors of the hostel. Rev.Sr. Alice Yedanapalli, Director, Loyola women's hostel appreciated the students for their active participation, creativity and exuberance. She motivated the students to keep working in unity and harmony and to make the best use of all the available opportunities. The program ended happily with a vote of thanks proposed by Ms. Dhoshini, I PG Cultural Secretary.



Talk on Menstrual Hygiene

A Menstrual Hygiene Awareness Program was held on 19th of November, 2021 at 11:30am in Loyola Women's Hostel for the students. About 180 students gathered in the common room to attend the program. The talk was given by Rev. Fr. Leo SJ, Director of Jesuits Refugees Mission, India. Rev. Fr. Leo SJ explained about the need for Menstrual Hygiene and how disposable sanitary napkins have become a major environmental concern today. He introduced the benefits of using "reusable sanitary napkins", and how the students can safeguard themselves from long term infections.



OUTREACH PROGRAM

The act of giving, sharing the sorrows of our fellow human beings, catering to the needs of others is the hallmark & true meaning of Christmas. Embracing the spirit of Christmas through the act of giving and catering to the needs of others, the members of Loyola Women's Hostel contributed Rs.1 lakh to help the needy in Chennai. On 22 December, 2021, 21 students volunteered to go out on the streets and help the needy by distributing sarees, lungis, bedsheets and blankets to the people living on the streets in Chennai. The students visited the elders abandoned near the Chennai Central Station, Egmore, Park Town etc. They also visited the Rajiv Gandhi Government General Hospital. Owing to this pandemic, masks were also distributed. The working staff of the hostel, who hail from broken families and extremely marginalized sections of the society were also provided with clothing, bedding and 15 days of provisions.



Inauguration of staff quarters at LWH

A residential block for the staff of Loyola Women's Hostel staff has been built adjacent to the dining hall of the hostel Keeping in mind the welfare of the house keeping & kitchen staff of Loyola Women's Hostel. It was blessed and inaugurated on the 14th of February, 2022 at 4:30pm and was presided over by Rev.Dr. Francis P. Xavier SJ, Rector, Loyola Institutions. Rev Dr Louie Albert SJ, Campus Treasurer, Rev Dr Jacob, Dean, School of Human Excellence, Loyola College, Chennai, Rev. Sr Alice, Director, Loyola Women's Hostel, and Rev. Fr Justin Prabhu, Director, Office of Media Relations also prayed and blessed the new block. Mr Ramesh, Campus Manager, staff from LIBA, Assistant Directors of the hostel, Ms Vallinayagi, Ms Tisha Varghese and Rev.Sr. Reesha, the kitchen and house-keeping staff along with the students of LIBA, LICET, LCE and LCAS were also present. A short prayer service was held and the priests fervently prayed for all the employees who would be occupying the new building. About 129 people attended the inauguration. Toffees were distributed at the end. The LWH sincerely thanks the Loyola management for providing excellent welfare amenities to the staff of the hostel.



Environment-friendly sanitary napkins: An awareness session

An awareness program on the usage of disposable sanitary napkins was conducted for the students of Loyola Women's Hostel on March 6, 2022 at 11:00 am. A Sri Lankan Refugee Camp has come up with a novel initiative of producing sanitary napkins that are environment-friendly and that would benefit women of all ages and class both economically and in terms of hygiene. The objective of the session was to create an awareness among the women students of Jesuit institutions. The sanitary pads are made by Shenbaga Magalir Kuzhu, an NGO involving women. The awareness was led by Mr Anbu, Ms Sendhura,Ms Lalitha and Ms Jesmi. About 242 students attended the program and benefited from it. The product was introduced to the participants, its usage was explained and the doubts raised by them were clarified by the volunteers.









A Visit to the orphanage

Rev.Sr.Alice Yedanapalli, Director, Loyola Women's Hostel and a few inmates of the LWH visited 31 boys in a Government aided Boys Primary School on April 2, 2022. They were given a warm welcome by the school boys. The women students spent some time interacting, playing games and entertaining them. Since most of the boys were orphaned or belonging to a financially backward situation, the inmates distributed garments, blankets and food to them.





A session on Breast Cancer and Women's hygiene

A session on Breast cancer and Women's health and hygiene was conducted on November 27, 2021 in the Common room of the Loyola women's Hostel by Rev.Sr.Reesha, Assistant Director, Loyola Women's Hostel. She gave a presentation on what breast cancer is, how to identify it and the measures to prevent it. Concerns of women's health and hygiene and some tips and advice regarding the same were provided to the inmates. The session ended with a discussion and vote of thanks by Ms.Sharon.



Rector's Golden Jubilee Celebration

The Golden Jubilee celebration of Rev.Dr.Francis P Xavier SJ, Rector, Loyola Institutions was held on 21/11/2021. The students of Loyola Women's hostel enthusiastically participated in the celebration. The Women students of LWH performed the welcome dance and folk dances from different States of India displaying their talents in an exuberant manner. The Students were appreciated by the staff and other participants of the celebration.



Lenten Eucharistic celebration

To commemorate the season of Lent, the Holy Eucharistic celebration by Rev.Fr. Jerry was organised in the quadrangle for the inmates of the Loyola women's hostel on March 26,2022. Rev.Fr.Jerry gave insights on repentance and forgiveness and encouraged the students to follow the same.

Session on Organ donation

A session on Organ donation was conducted by Rev.Father Jerry on March 26,2022. He explained the different types of organ donation and the importance of donating organs. The women students were motivated by his talk and decided to arrange for a blood donation camp in the premises of the Loyola women's hostel.



COMPETITIONS

Loyola Women's Hostel believes in the holistic growth and development of its students. Hence, various competitions both cultural and sports were organized to give them an opportunity to grow and exhibit their talents Badminton-singles, Badminton-Doubles, Throwball and Volleyball were conducted on December 12,2021 from 11:00 AM-1:30 PM. The number of participants in the throw ball and volleyball team were 27 and the number of participants for Badminton were 20.



INDOOR SPORTS COMPETITION:

The Indoor sports tournament in Chess and Carrom was conducted on December 12, 2021 from 9.00 pm -10.30pm. A total of 26 and 28 participated in the chess and carrom tournament respectively.



PAINTING COMPETITION:

The painting competition was organized by the Discipline Committee on 12 December, 2021 at 4:00 PM in the newly constructed terrace of the Loyola women's hostel. The competition went on for an hour and three best paintings were rewarded. The participants showcased a plethora of their creative skills in the painting competition.



COOKING WITHOUT FIRE:

Cooking without fire was organized by the attendance committee on December 12, 2021 at 12 PM in the hostel refectory. 10 teams of 2 participants each took part in the event. Rev.Sr.Alice Yedanapalli, Director, Loyola women's hostel was the judge.



ADAPTUNE:

The Adaptune was conducted by the cultural committee, on 13th December, 2021 at the quadrangle from 8:45 pm to 9:45 pm. The event was presided over by Rev.Sr. Alice and other directors. The chief guest for the competition was Mr John Franklin. A total of 16 students participated in the event. The event was pompous, loud with cheers and music.



PHOTOGRAPHY:

The Tech Sparklers committee organised the Photography competition on 13 December,2021. The theme of the competition was 'Nature' and 27 inmates took part in the competition. A google form was shared among the participants to submit their respective photographs. The event was judged by Mr Harish from the Department of Visual Communication, Loyola College of arts and science.



INTER RELIGIOUS CELEBRATIONS

ONAM

The festival of Onam was celebrated in the quadrangle of the hostel on August 21,2021. The Malayali inmates of the hostel decked themselves in beautiful Onam sarees and decorated the hostel premises with pookalam. A delicious Onam sadya was served to all the students for lunch. A cultural programme depicting the culture of Kerala was performed by the students.



AYUTHA POOJA

Ayutha Pooja was celebrated in the Loyola women's hostel on 14th October, 2021. The observance was crommemorated with a sense of gratitude for all the things that humans make use of through the prayer song, bible reading which was followed by the blessing of the mess equipments and a message by Rev.Sr.Alice Yedanapalli.



CHRISTMAS EUCHARISTIC CELEBRATION

The Eucharistic celebration commemorating the season of Advent was celebrated on 17/12/2021 by Rev Fr. Leo, S. J. All the catholic students of Loyola Women's Hostel participated in it in a meaningful and prayerful way. The thought-provoking and meaningful sermon helped the students prepare themselves for Christmas. The hostel choir gave a beautiful and peace-filled rendition of the Christmas carols.



CHRISTMAS CELEBRATION – 18/12/2021

The Christmas celebration began with a prayer and a prayer song by the choir members of the Loyola women's hostel followed by a welcome speech by Ms Divya.I. The inmates of the hostel divided themselves into two groups and performed Carols. A vibrant and energetic dance performance was given by a crew of 1 PG students. An Ice breaking sessions was also conducted for the inmates and the winners received a prize. The inmates belonging to the Loyola College of Education enacted a play displaying the nativity of Lord Jesus Christ.

The newly joined hostellers from LICET performed a dance presenting the divinity of the birth of Christ. The Christmas celebration came to a end with the message given by Director, Rev.Sr. Alice Yedanapalli who advised the students to relish the gift of life.



CHRISTMAS DINNER

The Eucharist celebration conducted on 17.12.2021 was followed by a special moonlight dinner served to all the guests, staff and inmates of the hostel. The students were allowed to have their dinner in the yard, the quarangle and in the open spaces of Loyola Women's Hostel.



PONGAL: Pongalo Pongal - Pongal Celebration at LWH

'Pongal', the grand harvest festival of Tamil Nadu was celebrated in the premises of Loyola Women's Hostel on the 15th of January, 2022 in which the Hostel Director, Assistant Directors, staff and the students of LIBA, LCE, LICET and LCAS participated with great gaiety and enthusiasm. The quadrangle in the hostel was adorned with sugarcanes, a clay stove, a mud pot, a turmeric plant and different vegetables from the countryside as per the Pongal traditions in order to invoke the festive spirit. Sweet pongal was prepared with love and care by the staff of Loyola Women's Hostel in the traditional 'pongal paanai' (Pongal pot) and it was blessed by Sister Reesha, Assistant Director of the hostel. After the blessing, she said that it is the time to thoughtfully remember the farmers, the poor, the oppressed, and the victims of COVID. The deliciously cooked Pongal along with succulent sugarcane pieces was then served to everyone.

